UPMC Health Plan does not place any restrictions on physician-patient communication. Physicians and other professional providers are encouraged to talk to patients about all options available to them. The Health Plan believes that open discussion improves the relationship between doctors and their patients and allows our members to be actively involved in decisions about their care.

There are no penalties for discussing medically necessary, appropriate care or the various treatment options available for a patient. However, there may be contractual limitations regarding benefit coverage that could result in member responsibility for payment of non-covered services. If you have any questions about the coverage of a particular treatment option, we advise you to verify coverage before rendering the service.



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