



UPMC *for Life*

UPMC Health Plan Medicare Program

Fitness Provider Directory

www.SilverandFit.com

P.O. Box 509117
San Diego, CA 92150-9117

1-877-427-4788
(TTY/TDD phone 1-877-710-2746)
5 a.m. - 6 p.m. Pacific Time
6 a.m. - 7 p.m. Mountain Time
7 a.m. - 8 p.m. Central Time
8 a.m. - 9 p.m. Eastern Time

Welcome to Silver&Fit®!

Using This Listing

Use this listing to choose a fitness facility that best suits your fitness needs. You have two types of fitness facilities to choose from, as described below.

Silver&Fit Full Fitness Clubs

Services provided by these clubs include the following:

- Standard fitness club services, including access to cardiovascular equipment; resistance training equipment; exercise classes; and, where available, amenities such as saunas, steam rooms, and whirlpools*
- On-site group fitness classes designed specifically for members
- Social activities in the club

Silver&Fit Basic Network Facilities or Exercise Centers

These clubs provide: Standard fitness club services, including access to cardiovascular equipment; free weights or resistance training equipment; exercise classes; and, where available, amenities such as saunas, steam rooms, and whirlpools.* Amenities offered by exercise centers may vary by facility.*

To locate a fitness facility, first choose the county where you would like to search. Under each county, you will find available listings for both Full Fitness Clubs and Basic Fitness Facilities. Choose the facility that is right for you. Each fitness facility listing includes the fitness club name, address, city, state, zip code, and phone number. Contact the fitness facility directly to inquire about business hours and directions.

Selecting or Changing Facilities/Contact Us

If you wish to select or change fitness facilities, call Silver&Fit Member Services toll-free at 1-877-427-4788 (TTY/TDD – 1-877-710-2746), Monday through Friday from 8 a.m. – 9 p.m. Eastern Time. You can also visit the Silver&Fit website at www.SilverandFit.com.

Other Information

This directory is subject to change without notice. For the most current fitness facility information, you may contact Silver&Fit at the toll-free telephone number listed above.

*Applies to standard fitness facility membership services. Any non-standard fitness facility services that typically require an additional fee are not included in your membership.

Silver&Fit® Fitness Provider Directory

Ohio	Ohio	Pennsylvania
Belmont County	Jefferson County	Allegheny County
Barnesville	Steubenville	Allison Park
Basic Fitness Clubs	Basic Fitness Clubs	Full Fitness Clubs
Curves - 5430 110 E Main St Barnesville, OH 43713 (740) 425-9177 Personal Trainers: No	Gameday Fitness Center 263 Main St Steubenville, OH 43953 (740) 264-1400 Personal Trainers: No	Stick With It Fitness 4848 Route 8 Allison Park, PA 15101 (724) 444-3400 Personal Trainers: No
Martins Ferry	Toronto	Basic Fitness Clubs
Basic Fitness Clubs	Basic Fitness Clubs	Curves - 1942 4091 William Flynn Hwy Allison Park, PA 15101 (412) 486-1990 Personal Trainers: No
Curves - 9478 100 S 4th St Martins Ferry, OH 43935 (740) 633-9990 Personal Trainers: No	Tones Tan & Fitness 1828 Franklin Ave Toronto, OH 43964 (740) 537-9803 Personal Trainers: No	Cuts Fitness 2870 Talley Cavey Rd Allison Park, PA 15101 (412) 487-3735 Personal Trainers: No
Saint Clairsville	Wintersville	Stick With It Fitness 4848 Route 8 Allison Park, PA 15101 (724) 444-3400 Personal Trainers: No
Basic Fitness Clubs	Basic Fitness Clubs	Bethel Park
Curves - 5092 51342 National Rd E Ste L Saint Clairsville, OH 43950 (740) 699-7010 Personal Trainers: No	Curves - 205 251 Main St Wintersville, OH 43953 (740) 266-6077 Personal Trainers: No	Full Fitness Clubs
Jefferson County		Fit-Trix 4941 Library Rd Bethel Park, PA 15102 (412) 831-1200 Personal Trainers: No
Steubenville		
Full Fitness Clubs		
Gameday Fitness Center 263 Main St Steubenville, OH 43953 (740) 264-1400 Personal Trainers: No		

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Fitness facilities within this listing may cater to a specialized population, including but not limited to, gender.

Members are encouraged to contact the fitness facilities to determine whether a fitness facility is suitable to their needs.

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Pennsylvania	Pennsylvania	Pennsylvania
Allegheny County	Allegheny County	Allegheny County
Bethel Park	Bridgeville	Castle Shannon
Basic Fitness Clubs	Basic Fitness Clubs	Basic Fitness Clubs
Curves - 2281 2940 S Park Rd Bethel Park, PA 15102 (412) 854-9969 Personal Trainers: No	Curves - 775 3249 Washington Pike Ste 1001 Bridgeville, PA 15017 (412) 257-1159 Personal Trainers: No	Curves - 4257 300 Mount Lebanon Blvd Ste 2207 Castle Shannon, PA 15234 (412) 343-8200 Personal Trainers: No
Fit-Trix 4941 Library Rd Bethel Park, PA 15102 (412) 831-1200 Personal Trainers: No	Carnegie	Cheswick
	Basic Fitness Clubs	Basic Fitness Clubs
	Curves - 4050 301 Old Washington Pike Carnegie, PA 15106 (412) 276-6112 Personal Trainers: No	Curves - 3456 700 Watercrest Way Ste 750 Cheswick, PA 15024 (724) 274-2952 Personal Trainers: No
Braddock	Castle Shannon	Elizabeth
Full Fitness Clubs	Full Fitness Clubs	Full Fitness Clubs
YMCA at UPMC Braddock 400 Holland Ave Braddock, PA 15104 (412) 636-5047 Personal Trainers: No	Club One Xpress 990 Castle Shannon Blvd Castle Shannon, PA 15234 (412) 306-1970 Personal Trainers: No	Move It And Lose It 605 Scenery Dr Elizabeth, PA 15037 (412) 751-7115 Personal Trainers: No
Basic Fitness Clubs	Basic Fitness Clubs	Basic Fitness Clubs
YMCA at UPMC Braddock 400 Holland Ave Braddock, PA 15104 (412) 636-5047 Personal Trainers: No	Club One Xpress 990 Castle Shannon Blvd Castle Shannon, PA 15234 (412) 306-1970 Personal Trainers: No	Move It And Lose It 605 Scenery Dr Elizabeth, PA 15037 (412) 751-7115 Personal Trainers: No

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Pennsylvania	Pennsylvania	Pennsylvania
Allegheny County	Allegheny County	Allegheny County
Emsworth	McKeesport	Natrona Heights
Basic Fitness Clubs	Basic Fitness Clubs	Basic Fitness Clubs
Curves - 5725 8070 Ohio River Blvd Emsworth, PA 15202 (412) 734-3488 Personal Trainers: No	Curves - 8747 1985 Lincoln Wy Ste 2418 McKeesport, PA 15131 (412) 678-9500 Personal Trainers: No	Curves - 8748 1876 Union Ave Natrona Heights, PA 15065 (724) 224-4700 Personal Trainers: No
Glenshaw	Firehouse Fitness Center	North Versailles
Basic Fitness Clubs	1811 Grandview Ave McKeesport, PA 15132 (412) 678-5048 Personal Trainers: No	Full Fitness Clubs
VYGOR Fitness & Nutrition 3390 Saxonburg Blvd Ste 120 Glenshaw, PA 15116 (412) 767-5240 Personal Trainers: No	Monroeville	Olympus Fitness 1712 Lincoln Hwy North Versailles, PA 15137 (412) 816-1585 Personal Trainers: No
Jefferson Hills	Basic Fitness Clubs	Basic Fitness Clubs
Basic Fitness Clubs	Curves - 2047 4305 Northern Pike Monroeville, PA 15146 (412) 856-6500 Personal Trainers: No	Curves - 10945 1748 Greensburg Ave North Versailles, PA 15137 (412) 824-3882 Personal Trainers: No
Curves - 11739 1450 Route 51 Jefferson Hills, PA 15025 (412) 384-3303 Personal Trainers: No	Moon Twp	Olympus Fitness 1712 Lincoln Hwy North Versailles, PA 15137 (412) 816-1585 Personal Trainers: No
McKees Rocks	Basic Fitness Clubs	
Basic Fitness Clubs	Curves - 1832 1136 Thorn Run Rd Ste E Moon Twp, PA 15108 (412) 264-8299 Personal Trainers: No	
Curves - 5853 500 Pine Hollow Rd McKees Rocks, PA 15136 (412) 771-6333 Personal Trainers: No		

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Pennsylvania	Pennsylvania	Pennsylvania
Allegheny County	Allegheny County	Allegheny County
Oakmont	Pittsburgh	Pittsburgh
Basic Fitness Clubs	Full Fitness Clubs	Basic Fitness Clubs
<p>Curves - 11521 521 Cedar Wy Ste 101 Oakmont, PA 15139 (412) 828-9100 Personal Trainers: No</p>	<p>Holiday Health & Racquet Club 2037 Route 286 Pittsburgh, PA 15239 (724) 327-7510 Personal Trainers: No</p> <p>Mulberry Senior Center 7604 Charleston Ave Pittsburgh, PA 15218 (412) 241-7560 Personal Trainers: No</p> <p>Olympic Swim & Health Club 517 Twin Oaks Dr Pittsburgh, PA 15235 (412) 793-8503 Personal Trainers: No</p> <p>Saint Clair Fitness & Racquet Club 1341 McLaughlin Run Rd Pittsburgh, PA 15241 (412) 257-8788 Personal Trainers: No</p>	<p>Club One 921 Freeport Rd Pittsburgh, PA 15238 (412) 782-4800 Personal Trainers: No</p> <p>Club One 6325 Penn Ave Pittsburgh, PA 15206 (412) 362-4806 Personal Trainers: No</p> <p>Community Health Center 1730 Leechburg Rd Pittsburgh, PA 15235 (412) 798-3911 Personal Trainers: No</p> <p>Contours Express 200 Cedar Ridge Dr Ste 209 Pittsburgh, PA 15205 (412) 922-7755 Personal Trainers: No</p> <p>Curves - 10258 4754 Liberty Ave Pittsburgh, PA 15224 (412) 224-4800 Personal Trainers: No</p>
Penn Hills		
Basic Fitness Clubs		
<p>Curves - 3834 12140 Frankstown Rd Penn Hills, PA 15235 (412) 795-3700 Personal Trainers: No</p>		
Pittsburgh		
Full Fitness Clubs		
<p>Club One 921 Freeport Rd Pittsburgh, PA 15238 (412) 782-4800 Personal Trainers: No</p> <p>Club One 6325 Penn Ave Pittsburgh, PA 15206 (412) 362-4806 Personal Trainers: No</p>		
	Basic Fitness Clubs	
	<p>Club Julian 101 Corbett Ct Pittsburgh, PA 15237 (412) 366-1931 Personal Trainers: No</p>	

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Pennsylvania Allegheny County Pittsburgh Basic Fitness Clubs	Pennsylvania Allegheny County Pittsburgh Basic Fitness Clubs	Pennsylvania Allegheny County Pittsburgh Basic Fitness Clubs
<p>Curves - 10323 2121 Noblestown Rd Ste 206 Pittsburgh, PA 15205 (412) 922-2861 Personal Trainers: No</p> <p>Curves - 10894 176 Lincoln Ave Pittsburgh, PA 15202 (412) 766-2007 Personal Trainers: No</p> <p>Curves - 1169 355 5th Ave Ste 203 Pittsburgh, PA 15222 (412) 325-2735 Personal Trainers: No</p> <p>Curves - 12086 1250 Freeport Rd Pittsburgh, PA 15238 (412) 963-9060 Personal Trainers: No</p> <p>Curves - 273 8500 Perry Hwy Pittsburgh, PA 15237 (412) 367-0330 Personal Trainers: No</p>	<p>Curves - 3669 1333 Banksville Rd Ste 101 Pittsburgh, PA 15216 (412) 531-4007 Personal Trainers: No</p> <p>Curves - 3854 7440 McKnight Rd Pittsburgh, PA 15237 (412) 635-7706 Personal Trainers: No</p> <p>Curves - 645 119 Towne Square Way Pittsburgh, PA 15227 (412) 882-6090 Personal Trainers: No</p> <p>Curves - 8094 1701 Murray Ave Fl 2 Pittsburgh, PA 15217 (412) 421-4400 Personal Trainers: No</p> <p>Curves - 9354 431 Cabot Way Pittsburgh, PA 15203 (412) 488-0265 Personal Trainers: No</p>	<p>Diamond Athletic Club 3253 Old Frankstown Rd Ste H Pittsburgh, PA 15239 (724) 733-1232 Personal Trainers: No</p> <p>Downtown Athletic Club of Pittsburgh 1 Bigelow Sq Pittsburgh, PA 15219 (412) 560-3488 Personal Trainers: No</p> <p>Fit Figures! 55 Old Clairton Rd Pittsburgh, PA 15236 (412) 655-9550 Personal Trainers: No</p> <p>Fitness Factory 2 2400 Ardmore Blvd Pittsburgh, PA 15221 (412) 351-4967 Personal Trainers: No</p> <p>Fitness Factory Shadyside 212 S Highland Ave Pittsburgh, PA 15206 (412) 362-6303 Personal Trainers: No</p>

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Pennsylvania	Pennsylvania	Pennsylvania									
Allegheny County	Allegheny County	Allegheny County									
Pittsburgh	Pittsburgh	Pittsburgh									
Basic Fitness Clubs	Basic Fitness Clubs	Basic Fitness Clubs									
<p>Mulberry Senior Center 7604 Charleston Ave Pittsburgh, PA 15218 (412) 241-7560 Personal Trainers: No</p> <p>Olympic Swim & Health Club 517 Twin Oaks Dr Pittsburgh, PA 15235 (412) 793-8503 Personal Trainers: No</p> <p>Saint Clair Fitness & Racquet Club 1341 McLaughlin Run Rd Pittsburgh, PA 15241 (412) 257-8788 Personal Trainers: No</p> <p>School of Oom Yung Doe 654 Washington Rd Pittsburgh, PA 15228 (412) 344-3734 Personal Trainers: No</p> <p>School of Oom Yung Doe 5824 Forbes Ave Pittsburgh, PA 15217 (412) 421-7311 Personal Trainers: No</p>	<p>Snap Fitness - Club 684 4721 Mcknight Rd Pittsburgh, PA 15237 (412) 837-2092 Personal Trainers: No</p> <p>Snap Fitness - Club 808 2800 Golden Mile Hwy Pittsburgh, PA 15239 (724) 325-1000 Personal Trainers: No</p> <p>South Side Athletic Club 2026 E Carson St Pittsburgh, PA 15203 (412) 488-1120 Personal Trainers: No</p> <p>Southside Iron Works Fitness Center 2319 Wharton St Pittsburgh, PA 15203 (412) 481-5822 Personal Trainers: No</p> <p>World Gym - Pittsburgh 183 Industry Dr Pittsburgh, PA 15275 (412) 787-1451 Personal Trainers: No</p>	<p>Wright's Gym 27 Foster Ave Pittsburgh, PA 15205 (412) 921-1530 Personal Trainers: No</p> <tr> <th align="center">Plum</th> </tr> <tr> <th align="center">Basic Fitness Clubs</th> </tr> <tr> <td> <p>Curves - 3749 902 Presque Isle Dr Plum, PA 15239 (724) 327-0012 Personal Trainers: No</p> </td> </tr> <tr> <th align="center">Russellton</th> </tr> <tr> <th align="center">Basic Fitness Clubs</th> </tr> <tr> <td> <p>Curves - 13125 908 Little Deer Creek Valley Rd Ste 3 Russellton, PA 15076 (724) 265-1200 Personal Trainers: No</p> </td> </tr> <tr> <th align="center">Sewickley</th> </tr> <tr> <th align="center">Basic Fitness Clubs</th> </tr> <tr> <td> <p>Curves - 284 2612 Nicholson Rd Ste 2100 Sewickley, PA 15143 (724) 934-1007 Personal Trainers: No</p> </td> </tr>	Plum	Basic Fitness Clubs	<p>Curves - 3749 902 Presque Isle Dr Plum, PA 15239 (724) 327-0012 Personal Trainers: No</p>	Russellton	Basic Fitness Clubs	<p>Curves - 13125 908 Little Deer Creek Valley Rd Ste 3 Russellton, PA 15076 (724) 265-1200 Personal Trainers: No</p>	Sewickley	Basic Fitness Clubs	<p>Curves - 284 2612 Nicholson Rd Ste 2100 Sewickley, PA 15143 (724) 934-1007 Personal Trainers: No</p>
Plum											
Basic Fitness Clubs											
<p>Curves - 3749 902 Presque Isle Dr Plum, PA 15239 (724) 327-0012 Personal Trainers: No</p>											
Russellton											
Basic Fitness Clubs											
<p>Curves - 13125 908 Little Deer Creek Valley Rd Ste 3 Russellton, PA 15076 (724) 265-1200 Personal Trainers: No</p>											
Sewickley											
Basic Fitness Clubs											
<p>Curves - 284 2612 Nicholson Rd Ste 2100 Sewickley, PA 15143 (724) 934-1007 Personal Trainers: No</p>											

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Pennsylvania	Pennsylvania	Pennsylvania
Allegheny County	Allegheny County	Armstrong County
Sewickley	West Mifflin	Kittanning
Basic Fitness Clubs	Basic Fitness Clubs	Basic Fitness Clubs
Sewickley Valley YMCA 625 Blackburn Rd Sewickley, PA 15143 (412) 741-9622 Personal Trainers: No	Curves - 2011 3535 Mountain View Dr Ste C West Mifflin, PA 15122 (412) 655-1080 Personal Trainers: No	Macs Health Club Inc 316 1st Ave Ste 50 Kittanning, PA 16201 (724) 543-5041 Personal Trainers: No
South Park	Armstrong County	Leechburg
Basic Fitness Clubs	Kittanning	Basic Fitness Clubs
Curves - 8984 2550 Brownsville Rd South Park, PA 15129 (412) 831-1900 Personal Trainers: No	Full Fitness Clubs	Curves - 1512 504 Hyde Park Rd Leechburg, PA 15656 (724) 845-2496 Personal Trainers: No
Swissvale	ACMH Hospital 1 Nolte Dr Kittanning, PA 16201 (724) 543-8145 Personal Trainers: No	Personal Plus Fitness Center 1001 S Leechburg Hill Rd Leechburg, PA 15656 (724) 842-0299 Personal Trainers: No
Full Fitness Clubs	Basic Fitness Clubs	Beaver County
New Life Lady Fitness 2016 Noble St Swissvale, PA 15218 (412) 351-5239 Personal Trainers: No	ACMH Hospital 1 Nolte Dr Kittanning, PA 16201 (724) 543-8145 Personal Trainers: No	Aliquippa
Basic Fitness Clubs	Armstrong County YMCA 138 N Water St Kittanning, PA 16201 (724) 545-9622 Personal Trainers: No	Basic Fitness Clubs
New Life Lady Fitness 2016 Noble St Swissvale, PA 15218 (412) 351-5239 Personal Trainers: No		Curves - 2099 2471 Brodhead Rd Aliquippa, PA 15001 (724) 375-8500 Personal Trainers: No

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Pennsylvania	Pennsylvania	Pennsylvania
Beaver County	Beaver County	Beaver County
Ambridge	Beaver Falls	Monaca
Basic Fitness Clubs	Basic Fitness Clubs	Basic Fitness Clubs
<p>Curves - 705 24 Beaver St Ambridge, PA 15003 (724) 266-3414 Personal Trainers: No</p> <p>The Source Family Fitness Center 2922 Duss Ave Ambridge, PA 15003 (724) 266-1150 Personal Trainers: No</p>	<p>Blackhawk High School Fitness Center 500 Blackhawk Rd Beaver Falls, PA 15010 (724) 506-1701 Personal Trainers: No</p> <p>Curves - 798 2554 Darlington Rd Beaver Falls, PA 15010 (724) 847-3213 Personal Trainers: No</p> <p>Femlines 6812 Big Beaver Blvd Beaver Falls, PA 15010 (724) 846-0700 Personal Trainers: No</p> <p>G.O. Fitness 2773 Darlington Rd Beaver Falls, PA 15010 (724) 847-4770 Personal Trainers: No</p> <p>Highland Middle School Fitness Center 402 Shenango Rd Beaver Falls, PA 15010 (724) 506-1701 Personal Trainers: No</p>	<p>Curves - 739 115 Stone Quarry Rd Monaca, PA 15061 (724) 774-4474 Personal Trainers: No</p> <p>Cuts Fitness for Men 3589 Brodhead Rd Ste 7 Monaca, PA 15061 (724) 775-0848 Personal Trainers: No</p>
Baden		New Brighton
Basic Fitness Clubs		Basic Fitness Clubs
<p>Capone's Fitness 1680 W State St Baden, PA 15005 (724) 869-5438 Personal Trainers: No</p>		<p>Curves - 3065 1000 3rd Ave New Brighton, PA 15066 (724) 891-3885 Personal Trainers: No</p>
Beaver Falls		Bedford County
Full Fitness Clubs		Bedford
		Basic Fitness Clubs
<p>G.O. Fitness 2773 Darlington Rd Beaver Falls, PA 15010 (724) 847-4770 Personal Trainers: No</p>		<p>Curves - 12434 165 Bedford Plaza Rd Bedford, PA 15522 (814) 623-9800 Personal Trainers: No</p>

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Pennsylvania	Pennsylvania	Pennsylvania
Bedford County	Blair County	Blair County
Everett	Altoona	Altoona
Basic Fitness Clubs	Basic Fitness Clubs	Basic Fitness Clubs
Pro Care Health and Fitness 125 Willow Grove Dr Everett, PA 15537 (814) 624-2497 Personal Trainers: No	Intrivah Health and Wellness 2012 8th Ave Altoona, PA 16602 (814) 941-9250 Personal Trainers: No	Xpress Women's Health Club 2900 Old Route 220 N Ste 1 Altoona, PA 16601 (814) 946-1668 Personal Trainers: No
Loysburg	KNY Family Fitness Center	Claysburg
Basic Fitness Clubs	900 Lexington Ave Altoona, PA 16601 (814) 943-7800 Personal Trainers: No	Basic Fitness Clubs
Reed Physical Therapy 2230 Woodbury Pike Ste 1 Loysburg, PA 16659 (814) 766-2295 Personal Trainers: No	ProCare Health and Fitness - Altoona 3200 Fairway Dr Altoona, PA 16602 (814) 944-9412 Personal Trainers: No	Trim n Tone Route 220 Claar's Plaza Claysburg, PA 16625 (814) 239-8170 Personal Trainers: No
Schellsburg	Snap Fitness - Club 276	Duncansville
Basic Fitness Clubs	228 E Chestnut Ave Altoona, PA 16601 Personal Trainers: No	Basic Fitness Clubs
The Zone Family Fitness & Recreation Center 1702 Market St Schellsburg, PA 15559 (814) 733-2424 Personal Trainers: No	The Building II Athletic Club 1000 Howard Ave Altoona, PA 16601 (814) 946-8014 Personal Trainers: No	Curves - 4778 1381 Old Route 220 N Ste 6 Duncansville, PA 16635 (814) 696-4140 Personal Trainers: No
Blair County		
Altoona		
Basic Fitness Clubs		
Curves - 6003 1540A E Pleasant Valley Blvd Altoona, PA 16602 (814) 942-0945 Personal Trainers: No		Snap Fitness - Club 651 167 Glimcher Dr Duncansville, PA 16635 (814) 327-8929 Personal Trainers: No

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Pennsylvania	Pennsylvania	Pennsylvania
Blair County	Blair County	Butler County
Hollidaysburg	Roaring Spring	Butler
Full Fitness Clubs	Basic Fitness Clubs	Basic Fitness Clubs
Hollidaysburg Family Fitness 301 Allegheny St Hollidaysburg, PA 16648 (814) 696-7020 Personal Trainers: No	Pro Care Health and Fitness 401 Rt 36 S Roaring Spring, PA 16673 (814) 224-5566 Personal Trainers: No	Curves - 10084 205 S Duffy Rd Ste C Butler, PA 16001 (724) 285-9669 Personal Trainers: No
Basic Fitness Clubs	Tipton	Gilliland's Fitness 217 Broad St Butler, PA 16001 (724) 283-5188 Personal Trainers: No
Hollidaysburg Family Fitness 301 Allegheny St Hollidaysburg, PA 16648 (814) 696-7020 Personal Trainers: No	Full Fitness Clubs	Women's Workout Center 542 Evans City Rd Butler, PA 16001 (724) 482-4900 Personal Trainers: No
Martinsburg	Northern Blair County Recreation Center RR 7 Box 517 Tipton, PA 16684 (814) 742-9500 Personal Trainers: No	Chicora
Basic Fitness Clubs	Basic Fitness Clubs	Basic Fitness Clubs
Curves - 5778 RR 1 Box 491 A Martinsburg, PA 16662 (814) 793-3328 Personal Trainers: No	Northern Blair County Recreation Center RR 7 Box 517 Tipton, PA 16684 (814) 742-9500 Personal Trainers: No	Buff and Beautiful Bodies 1303 Chicora Rd Chicora, PA 16025 (724) 445-9991 Personal Trainers: No
Roaring Spring	Tyrone	
Basic Fitness Clubs	Basic Fitness Clubs	
Garver Memorial YMCA 820 Grove St Roaring Spring, PA 16673 (814) 224-5101 Personal Trainers: No	Curves - 9030 RR 4 Box 34 Tyrone, PA 16686 (814) 684-5280 Personal Trainers: No	

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Pennsylvania	Pennsylvania	Pennsylvania
Butler County	Butler County	Butler County
Cranberry Township	Mars	Saxonburg
Basic Fitness Clubs	Basic Fitness Clubs	Basic Fitness Clubs
<p>Curves - 2026 20411 US Rt 19 Unit 8 Cranberry Township, PA 16066 (724) 776-6066 Personal Trainers: No</p> <p>Focus on Fitness 9049 Marshall Rd Ste 101 Cranberry Township, PA 16066 (724) 776-4116 Personal Trainers: No</p>	<p>Contours Express 7011 Crider Rd Ste 101 Mars, PA 16046 (724) 776-3340 Personal Trainers: No</p> <p>Curves - 4365 624 Route 228 Mars, PA 16046 (724) 625-7700 Personal Trainers: No</p> <p>Snap Fitness - Club 906 162 Brickyard Rd Ste 400 Mars, PA 16046 (724) 687-0456 Personal Trainers: No</p>	<p>Curves - 3841 261 W Main St Saxonburg, PA 16056 (724) 352-2250 Personal Trainers: No</p>
Harmony	Sarver	Seven Fields
Basic Fitness Clubs	Basic Fitness Clubs	Basic Fitness Clubs
<p>Curves - 4971 120 Perry Hwy Unit 2 Harmony, PA 16037 (724) 453-3221 Personal Trainers: No</p> <p>Snap Fitness - Club 507 100 Perry Hwy Harmony, PA 16037 (724) 452-9300 Personal Trainers: No</p>	<p>Curves - 2430 616 S Pike Rd Ste 209 Sarver, PA 16055 (724) 295-3355 Personal Trainers: No</p>	<p>The Fitness Factory 671 Castle Creek Dr Seven Fields, PA 16046 (724) 776-2348 Personal Trainers: No</p>
	Carrolltown	Cambria County
	Basic Fitness Clubs	Carrolltown
		Basic Fitness Clubs
		<p>Curves - 1877 387 Theatre Rd Carrolltown, PA 15722 (814) 344-8665 Personal Trainers: No</p>
		Cresson
		Basic Fitness Clubs
		<p>Curves - 8755 7447 Admiral Peary Hwy Cresson, PA 16630 (814) 884-0121 Personal Trainers: No</p>

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Silver&Fit® Fitness Provider Directory

Pennsylvania	Pennsylvania	Pennsylvania
Cambria County	Cambria County	Cambria County
Ebensburg	Johnstown	Saint Michael
Basic Fitness Clubs	Basic Fitness Clubs	Basic Fitness Clubs
Curves - 4532 169 Mini Mall Rd Ste 120 Ebensburg, PA 15931 (814) 472-2270 Personal Trainers: No	Fitness Weights & Aerobics 919 Franklin St Johnstown, PA 15905 (814) 539-0164 Personal Trainers: No	Strayers Womens Fitness 106 Main St Saint Michael, PA 15951 (814) 495-4975 Personal Trainers: No
Johnstown	Snap Fitness - Club 844	Clarion County
Full Fitness Clubs	1910 Minno Dr Suite 130 Johnstown, PA 15905 (814) 254-0022 Personal Trainers: No	Clarion
Fitness Weights & Aerobics 919 Franklin St Johnstown, PA 15905 (814) 539-0164 Personal Trainers: No	YWCA of Greater Johnstown	Basic Fitness Clubs
YWCA of Greater Johnstown 526 Somerset St Johnstown, PA 15901 (814) 536-3519 Personal Trainers: No	526 Somerset St Johnstown, PA 15901 (814) 536-3519 Personal Trainers: No	Curves - 10713 537 Main St Clarion, PA 16214 (814) 226-8113 Personal Trainers: No
Basic Fitness Clubs	Portage	Clearfield County
Curves - 3761 206 College Park Plz Johnstown, PA 15904 (814) 266-0059 Personal Trainers: No	Basic Fitness Clubs	Clearfield
Curves - 5612 1015 Menoher Blvd Johnstown, PA 15905 (814) 254-1573 Personal Trainers: No	Precision Health & Fitness 808 Caldwell Ave Portage, PA 15946 (814) 487-4949 Personal Trainers: No	Basic Fitness Clubs
		Curves - 4092 1224 S 2nd St # 28 Clearfield, PA 16830 (814) 765-5119 Personal Trainers: No
		Cuts Fitness for Men of Clearfield 302 South Second St Clearfield, PA 16830 (814) 765-5500 Personal Trainers: No

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Pennsylvania	Pennsylvania	Pennsylvania
Clearfield County	Crawford County	Crawford County
Coalport	Linesville	Titusville
Basic Fitness Clubs	Basic Fitness Clubs	Basic Fitness Clubs
Curves - 10465 640 Main Street Coalport, PA 16627 (814) 672-3446 Personal Trainers: No	Curves - 13228 112 W Erie St Linesville, PA 16424 (814) 683-2204 Personal Trainers: No	Curves - 3331 118 S Kerr St Titusville, PA 16354 (814) 827-0888 Personal Trainers: No
Curwensville	Meadville	Elk County
Basic Fitness Clubs	Full Fitness Clubs	Ridgway
Primary Care Associates - Curwensville Clinic 465 State St Curwensville, PA 16833 (814) 236-8359 Personal Trainers: No	The Body Firm 272 Chestnut St Meadville, PA 16335 (814) 333-3135 Personal Trainers: No	Basic Fitness Clubs
Du Bois	Basic Fitness Clubs	Curves - 3247 109 Montmorenci Rd Ridgway, PA 15853 (814) 772-1512 Personal Trainers: No
Basic Fitness Clubs	Curves - 2038 920 Water St Meadville, PA 16335 (814) 333-2004 Personal Trainers: Yes	Saint Marys
Curves - 1748 210 Dubois St Du Bois, PA 15801 (814) 371-4484 Personal Trainers: No	Meadville Family YMCA 356 Chestnut St Meadville, PA 16335 (814) 336-2196 Personal Trainers: No	Basic Fitness Clubs
Du Bois Regional Medical Center 100 Hospital Ave Du Bois, PA 15801 (814) 375-3372 Personal Trainers: No	The Body Firm 272 Chestnut St Meadville, PA 16335 (814) 333-3135 Personal Trainers: No	Curves - 4378 32 S Saint Marys St Ste 3 Saint Marys, PA 15857 (814) 834-1205 Personal Trainers: No
		The Fitness Connection 499 Spruce St Saint Marys, PA 15857 (814) 834-9222 Personal Trainers: No

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Silver&Fit® Fitness Provider Directory

Pennsylvania Erie County Corry	Pennsylvania Erie County Erie	Pennsylvania Erie County Erie
Basic Fitness Clubs	Full Fitness Clubs	Basic Fitness Clubs
<p>Absolute Health & Fitness 110 E Washington St Corry, PA 16407 (814) 663-5326 Personal Trainers: No</p> <p>Curves - 5938 508 E Columbus Ave Corry, PA 16407 (814) 663-7000 Personal Trainers: No</p>	<p>BAYB Fitness 1144 W 8th St Erie, PA 16502 (814) 480-8298 Personal Trainers: No</p> <p>It Figures... East 2016 Station Rd Erie, PA 16510 (814) 899-6333 Personal Trainers: No</p>	<p>Curves - 2967 3330 W 26th St Ste 18-19 Erie, PA 16506 (814) 833-2533 Personal Trainers: No</p> <p>Curves - 3638 3326 Buffalo Rd Erie, PA 16510 (814) 897-9988 Personal Trainers: No</p>
Edinboro	Basic Fitness Clubs	
Basic Fitness Clubs	Basic Fitness Clubs	
<p>Curves - 1424 220 W Plum St Ste 575 Edinboro, PA 16412 (814) 734-9945 Personal Trainers: No</p> <p>Snap Fitness - Club 340 606 Erie St Edinboro, PA 16412 (814) 273-1100 Personal Trainers: No</p>	<p>American Fitness 1596 W 38th St Erie, PA 16508 (814) 866-8818 Personal Trainers: No</p> <p>BAYB Fitness 1144 W 8th St Erie, PA 16502 (814) 480-8298 Personal Trainers: No</p> <p>Build Your Bod 6335 W Ridge Rd Erie, PA 16506 (814) 835-1799 Personal Trainers: No</p>	<p>Curves - 5303 7200 Peach St Ste 110 Erie, PA 16509 (814) 860-3355 Personal Trainers: No</p> <p>Curves - 6756 1511 W 38th St Erie, PA 16508 (814) 866-8668 Personal Trainers: No</p> <p>Curves - 9364 5928 Old French Rd Erie, PA 16509 (814) 864-1223 Personal Trainers: No</p>

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Silver&Fit® Fitness Provider Directory

Pennsylvania	Pennsylvania	Pennsylvania
Erie County	Erie County	Erie County
Erie	Girard	Waterford
Basic Fitness Clubs	Basic Fitness Clubs	Basic Fitness Clubs
Erie Center on Health & Aging 406 Peach St Erie, PA 16507 (814) 453-5072 Personal Trainers: No	Curves - 677 8795 Ridge Rd Girard, PA 16417 (814) 774-8600 Personal Trainers: No	Curves - 5304 991 Route 195 Waterford, PA 16441 (814) 796-1415 Personal Trainers: No
It Figures... East 2016 Station Rd Erie, PA 16510 (814) 899-6333 Personal Trainers: No	North East	Fayette County
Motivations Body Toning and Tanning 3210 Pittsburgh Ave Erie, PA 16508 (814) 835-1927 Personal Trainers: No	Basic Fitness Clubs	Belle Vernon
Snap Fitness - Club 559 2249 W 38th St Erie, PA 16506 (814) 882-9049 Personal Trainers: No	Curves - 1185 10170 W Main Rd Ste C North East, PA 16428 (814) 725-1142 Personal Trainers: No	Basic Fitness Clubs
Fairview	Snap Fitness - Club 130 69 E Main St Ste 1 North East, PA 16428 (814) 725-2000 Personal Trainers: No	Curves - 3867 950 Rostraver Rd Belle Vernon, PA 15012 (724) 930-6006 Personal Trainers: No
Basic Fitness Clubs	Snap Fitness - Club 954 4740 W Ridge Rd North East, PA 16428 (814) 474-1144 Personal Trainers: No	Connellsville
Contours Express 7289 West Ridge Rd Fairview, PA 16415 (814) 474-5000 Personal Trainers: No		Full Fitness Clubs
		Bodies by Nancy 201 E Fairview Ave Connellsville, PA 15425 (724) 626-0300 Personal Trainers: No
		Basic Fitness Clubs
		Bodies by Nancy 201 E Fairview Ave Connellsville, PA 15425 (724) 626-0300 Personal Trainers: No

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Silver&Fit® Fitness Provider Directory

Pennsylvania	Pennsylvania	Pennsylvania
Fayette County	Fayette County	Indiana County
Connellsville	Hopwood	Blairsville
Basic Fitness Clubs	Basic Fitness Clubs	Basic Fitness Clubs
Curves - 12362 232 N Pittsburgh St Ste E Connellsville, PA 15425 (724) 620-2900 Personal Trainers: No	Hopwood Fitness Center 1263 National Pike Hopwood, PA 15445 (724) 439-1496 Personal Trainers: No	Curves - 9164 859 Route 22 Hwy W Blairsville, PA 15717 (724) 459-7970 Personal Trainers: No
King Physical Therapy and Fitness 208 S Arch St Connellsville, PA 15425 (724) 528-7288 Personal Trainers: No	Uniontown	Clymer
	Basic Fitness Clubs	Basic Fitness Clubs
	Curves - 5513 110 Daniel Dr Uniontown, PA 15401 (724) 437-1950 Personal Trainers: No	Curves - 10380 9344 Route 286 Hwy E Clymer, PA 15728 (724) 254-2267 Personal Trainers: No
Fairchance	Ladies First Fitness 15 Metro Plaza Uniontown, PA 15401 (724) 437-8802 Personal Trainers: No	Indiana
Basic Fitness Clubs		Full Fitness Clubs
Curves - 1892 130 N Morgantown St Fairchance, PA 15436 (724) 564-7636 Personal Trainers: No	Greene County	The Gym 1830 Oakland Ave Indiana, PA 15701 (724) 801-8170 Personal Trainers: No
Hopwood	Waynesburg	
Full Fitness Clubs	Basic Fitness Clubs	Basic Fitness Clubs
Hopwood Fitness Center 1263 National Pike Hopwood, PA 15445 (724) 439-1496 Personal Trainers: No	Southwest Regional Medical Center 350 Bonar Ave Waynesburg, PA 15370 (724) 627-2739 Personal Trainers: No	Indiana Regional Medical Center 835 Hospital Rd Indiana, PA 15701 (724) 357-8088 Personal Trainers: No

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Silver&Fit® Fitness Provider Directory

Pennsylvania	Pennsylvania	Pennsylvania																	
Indiana County	Jefferson County	Lawrence County																	
Indiana	Brockway	Edinburg																	
Basic Fitness Clubs	Basic Fitness Clubs	Basic Fitness Clubs																	
<p>Liberty Fitness 80 North Ave Indiana, PA 15701 (724) 471-7255 Personal Trainers: No</p> <p>Philly Street Gym 728 Philadelphia St Indiana, PA 15701 (724) 349-4820 Personal Trainers: No</p> <p>The Gym 1830 Oakland Ave Indiana, PA 15701 (724) 801-8170 Personal Trainers: No</p> <p>Wellness Concepts 100 Ford Dr Ste 30 Indiana, PA 15701 (724) 349-4629 Personal Trainers: No</p>	<p>Primary Care Associates 1200 Wood St Blase Development Building Brockway, PA 15824 (814) 265-8792 Personal Trainers: No</p> <tr> <td align="center">Brookville</td> <td align="center">Brookville</td> <td align="center">Ellwood City</td> </tr> <tr> <td align="center">Basic Fitness Clubs</td> <td align="center">Basic Fitness Clubs</td> <td align="center">Basic Fitness Clubs</td> </tr> <tr> <td> <p>Curves - 9804 73 S White St Ste B Brookville, PA 15825 (814) 849-0502 Personal Trainers: No</p> </td> <td> <p>Curves - 9804 73 S White St Ste B Brookville, PA 15825 (814) 849-0502 Personal Trainers: No</p> </td> <td> <p>Air Fitness 628 Lawrence Ave Ellwood City, PA 16117 (724) 752-0802 Personal Trainers: No</p> <p>Curves - 4376 324 Wampum Ave Ellwood City, PA 16117 (724) 752-2125 Personal Trainers: No</p> </td> </tr> <tr> <td align="center">Punxsutawney</td> <td align="center">Punxsutawney</td> <td align="center">New Castle</td> </tr> <tr> <td align="center">Basic Fitness Clubs</td> <td align="center">Basic Fitness Clubs</td> <td align="center">Basic Fitness Clubs</td> </tr> <tr> <td> <p>Curves - 2776 21882 Rt 119 Punxsutawney, PA 15767 (814) 938-7300 Personal Trainers: No</p> <p>Punxsutawney Area Community Center 220 N Jefferson St Punxsutawney, PA 15767 (814) 938-1008 Personal Trainers: No</p> </td> <td> <p>Curves - 2776 21882 Rt 119 Punxsutawney, PA 15767 (814) 938-7300 Personal Trainers: No</p> </td> <td> <p>Curves - 3295 3322 Wilmington Rd New Castle, PA 16105 (724) 652-7160 Personal Trainers: No</p> <p>Curves - 5416 2650 Ellwood Rd New Castle, PA 16101 (724) 652-1920 Personal Trainers: No</p> </td> </tr>	Brookville	Brookville	Ellwood City	Basic Fitness Clubs	Basic Fitness Clubs	Basic Fitness Clubs	<p>Curves - 9804 73 S White St Ste B Brookville, PA 15825 (814) 849-0502 Personal Trainers: No</p>	<p>Curves - 9804 73 S White St Ste B Brookville, PA 15825 (814) 849-0502 Personal Trainers: No</p>	<p>Air Fitness 628 Lawrence Ave Ellwood City, PA 16117 (724) 752-0802 Personal Trainers: No</p> <p>Curves - 4376 324 Wampum Ave Ellwood City, PA 16117 (724) 752-2125 Personal Trainers: No</p>	Punxsutawney	Punxsutawney	New Castle	Basic Fitness Clubs	Basic Fitness Clubs	Basic Fitness Clubs	<p>Curves - 2776 21882 Rt 119 Punxsutawney, PA 15767 (814) 938-7300 Personal Trainers: No</p> <p>Punxsutawney Area Community Center 220 N Jefferson St Punxsutawney, PA 15767 (814) 938-1008 Personal Trainers: No</p>	<p>Curves - 2776 21882 Rt 119 Punxsutawney, PA 15767 (814) 938-7300 Personal Trainers: No</p>	<p>Curves - 3295 3322 Wilmington Rd New Castle, PA 16105 (724) 652-7160 Personal Trainers: No</p> <p>Curves - 5416 2650 Ellwood Rd New Castle, PA 16101 (724) 652-1920 Personal Trainers: No</p>
Brookville	Brookville	Ellwood City																	
Basic Fitness Clubs	Basic Fitness Clubs	Basic Fitness Clubs																	
<p>Curves - 9804 73 S White St Ste B Brookville, PA 15825 (814) 849-0502 Personal Trainers: No</p>	<p>Curves - 9804 73 S White St Ste B Brookville, PA 15825 (814) 849-0502 Personal Trainers: No</p>	<p>Air Fitness 628 Lawrence Ave Ellwood City, PA 16117 (724) 752-0802 Personal Trainers: No</p> <p>Curves - 4376 324 Wampum Ave Ellwood City, PA 16117 (724) 752-2125 Personal Trainers: No</p>																	
Punxsutawney	Punxsutawney	New Castle																	
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Silver&Fit® Fitness Provider Directory

Pennsylvania	Pennsylvania	Pennsylvania
Lawrence County	Mercer County	Mercer County
New Castle	Greenville	Grove City
Basic Fitness Clubs	Full Fitness Clubs	Basic Fitness Clubs
Four Corners Fitness Center 418 S Cascade St Ste 4 New Castle, PA 16101 (724) 652-5040 Personal Trainers: No	UPMC Horizon Wellness Center 26 Conneaut Lake Rd Greenville, PA 16125 (724) 588-3001 Personal Trainers: No	Curves - 1322 726 S Center St Grove City, PA 16127 (724) 458-6242 Personal Trainers: No
Pro Fitness Plus of Newcastle, Inc 2730 Elwood Rd New Castle, PA 16101 (724) 657-2348 Personal Trainers: No	Basic Fitness Clubs	Hermitage
McKean County	Curves - 1267 169 Main St Ste 101 Greenville, PA 16125 (724) 588-2818 Personal Trainers: No	Full Fitness Clubs
Bradford	Saint Paul Homes 339 E Jamestown Rd Greenville, PA 16125 (724) 588-7610 Personal Trainers: No	Fitness n Physique 3120 Highland Rd Hermitage, PA 16148 (724) 347-3422 Personal Trainers: No
Basic Fitness Clubs	UPMC Horizon Wellness Center 26 Conneaut Lake Rd Greenville, PA 16125 (724) 588-3001 Personal Trainers: No	Basic Fitness Clubs
Curves - 10307 57 Main St Bradford, PA 16701 (814) 362-1200 Personal Trainers: No		Curves - 136 3193 E State St Hermitage, PA 16148 (724) 342-5705 Personal Trainers: No
Kane		Fitness n Physique 3120 Highland Rd Hermitage, PA 16148 (724) 347-3422 Personal Trainers: No
Basic Fitness Clubs		
Curves - 10633 21 Field St Ste A Kane, PA 16735 (814) 837-6600 Personal Trainers: No		

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Pennsylvania	Pennsylvania	Pennsylvania
Mercer County	Somerset County	Somerset County
Mercer	Berlin	Somerset
Full Fitness Clubs	Basic Fitness Clubs	Full Fitness Clubs
IXL Rehab Exercise & Wellness Center 139 N Erie St Mercer, PA 16137 (724) 662-1776 Personal Trainers: No	Curves - 12978 714 Fletcher St Berlin, PA 15530 (814) 267-3079 Personal Trainers: No	New World Fitness 1012 S Edgewood Ave Somerset, PA 15501 (814) 444-9110 Personal Trainers: No
Basic Fitness Clubs	Jennerstown	Basic Fitness Clubs
IXL Rehab Exercise & Wellness Center 139 N Erie St Mercer, PA 16137 (724) 662-1776 Personal Trainers: No	Basic Fitness Clubs	Curves - 3399 374 W Main St Somerset, PA 15501 (814) 444-9186 Personal Trainers: No
Sharon	Meyersdale	New World Fitness 1012 S Edgewood Ave Somerset, PA 15501 (814) 444-9110 Personal Trainers: No
Basic Fitness Clubs	Basic Fitness Clubs	Precision Fitness 201 Georgian Pl Somerset, PA 15501 (814) 443-3230 Personal Trainers: No
Buhl Community Recreation Center 28 N Pine Ave Sharon, PA 16146 (724) 981-3700 Personal Trainers: No	Gindy's Gym 304 Beachley St Meyersdale, PA 15552 (814) 634-0985 Personal Trainers: No	Somerset Hospital Rehabilitation and Wellness Center 126 E Church St Ste 1100 Somerset, PA 15501 (814) 445-3330 Personal Trainers: No
West Middlesex	Prime Fit 300 Beachley St Meyersdale, PA 15552 (814) 634-5373 Personal Trainers: No	
Basic Fitness Clubs		
Fitness Factory 3143 Main St West Middlesex, PA 16159 (724) 528-8888 Personal Trainers: No		

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Pennsylvania	Pennsylvania	Pennsylvania
Venango County	Washington County	Washington County
Cranberry	Canonsburg	Monongahela
Basic Fitness Clubs	Basic Fitness Clubs	Basic Fitness Clubs
Curves - 4207 80 Regina Dr Ste 6 Cranberry, PA 16319 (814) 677-0891 Personal Trainers: No	Curves - 2689 161 E Pike St Canonsburg, PA 15317 (724) 745-2254 Personal Trainers: No Curves - 8429 3909 Washington Rd Ste 240 Canonsburg, PA 15317 (724) 942-9890 Personal Trainers: No Enhanced Fitness 3075 Washington Rd Canonsburg, PA 15317 (724) 969-0997 Personal Trainers: No The Health Club @ South Pointe 1001 Corporate Dr Ste 110 Canonsburg, PA 15317 (724) 597-0014 Personal Trainers: No	Curves - 10094 600 Park Ave Ste B Monongahela, PA 15063 (724) 258-0725 Personal Trainers: No
Franklin		Washington
Basic Fitness Clubs		Full Fitness Clubs
Curves - 4020 317 13th St Franklin, PA 16323 (814) 432-5600 Personal Trainers: No West Park Rehab 571 Pone Lane Franklin, PA 16323 (814) 437-6191 Personal Trainers: No		30 And Out Fitness For Women 887 Henderson Ave Washington, PA 15301 (724) 222-1992 Personal Trainers: No
Washington County		Basic Fitness Clubs
Burgettstown	Ellsworth	
Basic Fitness Clubs	Basic Fitness Clubs	
Curves - 4789 1100 Steubenville Pike Ste 3 Burgettstown, PA 15021 (724) 947-5022 Personal Trainers: No	Shore Fit 1003 Almond Rd Ellsworth, PA 15331 (724) 239-3480 Personal Trainers: No	30 And Out Fitness For Women 887 Henderson Ave Washington, PA 15301 (724) 222-1992 Personal Trainers: No Curves - 1077 250 Oak Spring Rd Washington, PA 15301 (724) 228-5100 Personal Trainers: No

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Pennsylvania	Pennsylvania	Pennsylvania
Washington County	Westmoreland County	Westmoreland County
Washington	Greensburg	Greensburg
Basic Fitness Clubs	Full Fitness Clubs	Basic Fitness Clubs
Progressive Training Center 382 W Chestnut St Washington, PA 15301 (724) 228-2911 Personal Trainers: No	Westmoreland Athletic Club 110 Sheraton Dr Greensburg, PA 15601 (724) 832-7050 Personal Trainers: No	Curves - 8070 362 Sand Hill Rd Ste 8 Greensburg, PA 15601 (724) 537-9021 Personal Trainers: No
Westmoreland County	YMCA of Greensburg	Healthy Inspirations 110 Sheraton Dr Greensburg, PA 15601 (724) 824-1010 Personal Trainers: No
Apollo	101 S Maple Ave Greensburg, PA 15601 (724) 834-0150 Personal Trainers: No	Snap Fitness - Club 581 6041 State Route 30 Greensburg, PA 15601 (724) 836-7627 Personal Trainers: No
Basic Fitness Clubs	Basic Fitness Clubs	Westmoreland Athletic Club 110 Sheraton Dr Greensburg, PA 15601 (724) 832-7050 Personal Trainers: No
Curves - 11730 4203 State Route 66 Ste 104 Apollo, PA 15613 (724) 727-2900 Personal Trainers: No	Contours Express 373 Frye Farm Rd Ste Two Greensburg, PA 15601 (724) 537-8450 Personal Trainers: No	YMCA of Greensburg 101 S Maple Ave Greensburg, PA 15601 (724) 834-0150 Personal Trainers: No
Export	Curves - 2040 4536 Route 136 Ste 32 Greensburg, PA 15601 (724) 836-8021 Personal Trainers: No	
Basic Fitness Clubs	Curves - 2598 333 Harvey Ave Greensburg, PA 15601 (724) 834-5422 Personal Trainers: No	
Murrysville Sport Zone 2989 School Rd S Export, PA 15632 (724) 325-2244 Personal Trainers: No		
Greensburg		
Full Fitness Clubs		
Healthy Inspirations 110 Sheraton Dr Greensburg, PA 15601 (724) 824-1010 Personal Trainers: No		

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Pennsylvania	Pennsylvania	Pennsylvania
Westmoreland County	Westmoreland County	Westmoreland County
Harrison City	Jeannette	Ligonier
Basic Fitness Clubs	Basic Fitness Clubs	Basic Fitness Clubs
Curves - 478 3356 Route 130 Ste B Harrison City, PA 15636 (724) 744-1818 Personal Trainers: No	Snap Fitness - Club 475 1075 Harrison City Export Rd Jeannette, PA 15644 (724) 744-7779 Personal Trainers: No	Curves - 4835 3721 State Route 711 Ligonier, PA 15658 (724) 238-2355 Personal Trainers: No
Irwin	Latrobe	Lower Burrell
Full Fitness Clubs	Basic Fitness Clubs	Basic Fitness Clubs
Blazers Fitness Center 100 Colony Dr Irwin, PA 15642 (724) 864-5888 Personal Trainers: No	Curves - 4803 1800 Ligonier St Latrobe, PA 15650 (724) 539-1601 Personal Trainers: No	Curves - 2089 2501 Leechburg Rd Lower Burrell, PA 15068 (724) 339-6900 Personal Trainers: No
Basic Fitness Clubs	Flex Appeal Fitness Center 529 Lloyd Ave Latrobe, PA 15650 (724) 539-3539 Personal Trainers: No	Murrysville
Blazers Fitness Center 100 Colony Dr Irwin, PA 15642 (724) 864-5888 Personal Trainers: No	Latrobe Athletic Club 227 Main St Latrobe, PA 15650 (724) 532-1383 Personal Trainers: No	Basic Fitness Clubs
Snap Fitness - Club 704 4016 Route 130 Irwin, PA 15642 (724) 744-7775 Personal Trainers: No	My Fitness Kitchen 1025 Latrobe 30 Plaza Ste 125 Latrobe, PA 15650 (724) 879-8523 Personal Trainers: No	Chirofitness 4540 William Penn Hwy Murrysville, PA 15668 (724) 327-3326 Personal Trainers: No
		Curves - 3406 4592 William Penn Hwy Murrysville, PA 15668 (724) 325-2885 Personal Trainers: No

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Fitness facilities within this listing may cater to a specialized population, including but not limited to, gender.

Members are encouraged to contact the fitness facilities to determine whether a fitness facility is suitable to their needs.

Silver&Fit is provided by American Specialty Health Networks, Inc., and Healthyroads, Inc., subsidiaries of American Specialty Health Incorporated. Individuals appearing in this listing are not Silver&Fit or Healthyroads members.

Silver&Fit® Fitness Provider Directory

Pennsylvania	Pennsylvania	Pennsylvania
Westmoreland County	Westmoreland County	Westmoreland County
New Alexandria	North Huntingdon	Vandergrift
Basic Fitness Clubs	Basic Fitness Clubs	Basic Fitness Clubs
Curves - 8349 Route 22 & Route 981 New Alexandria, PA 15670 (724) 668-0042 Personal Trainers: No	Curves - 8102 21 Robbins Station Rd North Huntingdon, PA 15642 (724) 861-8021 Personal Trainers: No	Solomons Fitness Center 145 Grant Ave Vandergrift, PA 15690 (724) 567-7914 Personal Trainers: No
New Kensington	Scottdale	West Newton
Basic Fitness Clubs	Basic Fitness Clubs	Basic Fitness Clubs
Club Fitness 402 Freeport St New Kensington, PA 15068 (724) 594-0402 Personal Trainers: No	Curves - 12360 2578 Kingview Rd Unit 103 Scottdale, PA 15683 (724) 887-5662 Personal Trainers: No	Curves - 1235 106 Collinsburg Rd West Newton, PA 15089 (724) 872-9559 Personal Trainers: No
USA Fitness and Chiropractic Center 700 Craigdell Rd New Kensington, PA 15068 (724) 337-9992 Personal Trainers: No	King Physical Therapy and Fitness 109 Crossroads Rd Scottdale, PA 15683 (724) 887-4181 Personal Trainers: No	Youngwood
New Stanton	Trafford	Basic Fitness Clubs
Basic Fitness Clubs	Basic Fitness Clubs	Contours Express 302 N 3rd St Youngwood, PA 15697 (724) 925-1131 Personal Trainers: No
Curves - 4833 111 S Center Ave New Stanton, PA 15672 (724) 925-2101 Personal Trainers: No	Steel City Group Fitness 515 Pleasant Valley Rd Trafford, PA 15085 (724) 327-5038 Personal Trainers: No	

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West Virginia	West Virginia
Hancock County	Monongalia County
Weirton	Morgantown
Basic Fitness Clubs	Basic Fitness Clubs
<p>Curves - 2664 3205 Pennsylvania Ave Ste G Weirton, WV 26062 (304) 723-6750 Personal Trainers: No</p>	<p>Curves - 649 1403 Saratoga Ave Morgantown, WV 26505 (304) 598-2878 Personal Trainers: No</p>
<p>Hardbodies Gym 1300 Potomac Ave Weirton, WV 26062 (304) 723-5438 Personal Trainers: No</p>	Ohio County
Marshall County	Wheeling
Moundsville	Basic Fitness Clubs
Basic Fitness Clubs	<p>Curves - 195 1151 National Rd Wheeling, WV 26003 (304) 242-7010 Personal Trainers: No</p>
<p>Curves - 2657 1513 3rd St Moundsville, WV 26041 (304) 845-1212 Personal Trainers: No</p>	Preston County
Monongalia County	Kingwood
Morgantown	Basic Fitness Clubs
Basic Fitness Clubs	<p>Curves - 9237 101 S Price St Ste B Kingwood, WV 26537 (304) 329-2878 Personal Trainers: No</p>
<p>Curves - 4247 1383 Earl L Core Rd Ste 1 Morgantown, WV 26505 (304) 291-4968 Personal Trainers: No</p>	Wetzel County
Monongalia County	New Martinsville
Morgantown	Basic Fitness Clubs
Basic Fitness Clubs	<p>Curves - 2036 261 N State Route 2 New Martinsville, WV 26155 (304) 455-4422 Personal Trainers: No</p>

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UPMC *for Life*

UPMC Health Plan Medicare Program