

## IMPORTANT FSA NEWS

### How will the health care reform act affect my FSA (Flexible Spending Account)?

Effective January 1, 2011, over-the-counter (OTC) medicines and drugs will only be eligible for reimbursement if they are accompanied by a prescription from your doctor. You will need to file a paper claim if you want to be reimbursed for these items through your *MyFlex Advantage*<sup>®</sup> plan.

Examples of OTC medications that will not be eligible for reimbursement after January 1, 2011, without a prescription include:

- Acid controllers, laxatives, and other stomach remedies
- Allergy and sinus medications
- Antibiotic products
- Anti-itch and insect bite medications
- Cough, cold, and flu products
- Baby rash ointments
- Pain medications
- Sleep aids

If you wish to be reimbursed for the purchase of OTC medications, they must be prescribed either with a paper or an electronic prescription that satisfies the state's legal requirements. For reimbursement, you must submit the prescription, or a copy of it, along with substantiation (a receipt) from the merchant where you purchased the item. The receipt should identify the merchant, the person who purchased the item, the date and amount of the purchase, and the prescription number.

You will still be able to purchase certain OTC supplies with your FSA card after January 1, 2011, without a prescription, including:

- Medical equipment, supplies, and devices
- Crutches
- Bandages
- Blood sugar test kits
- Eyeglasses
- Insulin
- Contact lens solution

Eligible OTC drugs can still be purchased with your FSA card without a prescription before January 1, 2011, and will be reimbursed under the terms of the *MyFlex Advantage* plan. **There is no change to the payment procedure for prescription medications. You can continue to use your FSA card after January 1, 2011, to pay for prescription medications.**

Our Member Advocates are available to assist you Monday through Friday from 8 a.m. to 8 p.m. and Saturday from 8 a.m. to 3 p.m. Please call 1-888-876-2756 if you have any questions or concerns.

Sincerely,

UPMC Health Plan