

# UPMC HEALTH PLAN

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## **UPMC *for Life* Holds Information Meetings for Members**

### **Preventive Measures Part of Benefits Information Meetings**

PITTSBURGH (October 28, 2010) – UPMC *for Life* members can learn more about plan benefits and get preventive health services by attending any one of 33 informational meetings being held throughout western Pennsylvania this month and continuing through December.

UPMC *for Life* members who attend will be able to:

- Learn about their plan benefits for 2011
- Get information about resources and programs that are available to them as members
- Meet representatives from UPMC *for Life*'s Health Care Concierge team
- Talk with network managers about providers and facilities in their areas
- Meet with representatives of UPMC *for Life*'s Silver&Fit<sup>®</sup> program
- See demonstrations of InSight, the brain fitness tool that is available free to UPMC *for Life* members.
- Receive preventive services from trained UPMC medical staff

“We want to partner with our members to help them achieve the best health possible,” said Cathy Batteer, Vice President of Medicare for UPMC Health Plan. “These exclusive member events are scheduled throughout western Pennsylvania to give our members access to our staff and also to important preventive services.”

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For more information or to find out the date and time for the session nearest you, call the UPMC *for Life* Health Care Concierge team at 1-877-539-3080 from 8 a.m. to 8 p.m., seven days a week. Through Nov. 14, 2010, you may receive a messaging service on weekends and holidays. Please leave a message and your call will be returned the next business day. TTY/TDD users should call 1-800-361-2629. Members may also get information by going to:

[http://www.upmchealthplan.com/medicare/already\\_member.html](http://www.upmchealthplan.com/medicare/already_member.html).

Preventive services will be offered starting at 8 a.m. on the day of the event. The benefits information portion of the meeting begins at 10 a.m.

Persons who are not members are also welcome to attend to learn more about UPMC *for Life* but are not eligible to receive preventive services at the event.

**About UPMC Health Plan**

UPMC Health Plan, the second-largest health insurer in western Pennsylvania, is owned by the University of Pittsburgh Medical Center (UPMC), one of the nation's top-ranked health systems. The integrated partner companies of the UPMC Insurance Services Division – which includes UPMC Health Plan, UPMC Work Partners, *LifeSolutions* (EAP), UPMC *for You* (Medical Assistance), and Community Care Behavioral Health – offer a full range of group health insurance, Medicare, Special Needs Plan, CHIP, Medical Assistance, behavioral health, employee assistance, and workers' compensation products and services to nearly 1.4 million members. Our local provider network includes UPMC as well as community providers, totaling more than 100 hospitals and more than 11,500 physicians in a 47-county region. For more information, visit [www.upmchealthplan.com](http://www.upmchealthplan.com).

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