

## *A Proclamation*

By virtue of the authority vested in me as Mayor of the City of Pittsburgh,  
*I do hereby issue this proclamation honoring*

### ***We Can!***

***November 29, 2007***

***WHEREAS***, Pittsburgh has taken a leadership role offering health and wellness programs to youth, parents, and city employees; and

***WHEREAS***, The National Institutes of Health proclaims Pittsburgh to be a We Can! city; and

***WHEREAS***, We Can! (Ways to Enhance Children's Activity and Nutrition) is a national education program developed by the National Institutes of Health, a component of the U.S. Department of Health and Human Services, to help prevent obesity in youth; and

***WHEREAS***, We Can! is a collaboration of the National Heart, Lung, and Blood Institute with three other NIH institutes: the National Institute of Diabetes and Digestive and Kidney Diseases, the National Institute of Child Health and Human Development, and the National Cancer Institute; and

***WHEREAS***, Pittsburgh will strengthen its efforts to create a healthier community through We Can! resources, including evidence-based obesity prevention programs for parents and youth implemented in collaboration with community-based partners; and

***WHEREAS***, Pittsburgh has enhanced the lives of families in the community by focusing on encouraging people of all ages to aim for a healthy weight, engage in regular physical activity, and reduce screen time.

***NOW THEREFORE BE IT RESOLVED*** that I, Luke Ravenstahl, as Mayor of the City of Pittsburgh, do hereby declare November 29, 2007 as "We Can! Day" here in our most livable City of Pittsburgh, and I call upon all our citizens, young and old, to help us create and promote this important day.

A blue ink signature of Luke Ravenstahl.

LUKE RAVENSTAHL

*Mayor*