



**Day-to-day support.  
Peace of mind.**

**A great health plan should provide  
those things for you. And more.**

*UPMC for You*  
*Advantage* (HMO SNP)  
Affiliate of UPMC Health Plan

## Introducing *UPMC for You Advantage.*

A plan for those with Medicare  
and Medicaid eligibility.



## We're here for you.

It is such a comfort to have someone behind you who cares about your health and has the resources and benefits to back it up. That's UPMC Health Plan. Our number one goal: To help you live your healthiest life possible. UPMC *for You Advantage* is how we make that happen for you.

This means helping you find the right specialist to treat your condition and providing dental coverage to smile about. Or providing a free gym membership to help you get fit. Or helping you sort out what Medicare covers versus the additional benefits that come with UPMC *for You Advantage*. We handle all that — and much more — so you can live your life with less worry.



If you have both of these cards, or know someone who does, read this pamphlet to learn about the low- or no-cost benefits of UPMC *for You Advantage*.

**Do you have Original Medicare and are eligible for Medical Assistance too, but would like additional benefits and services to cover your health care needs?**

Benefits	Original Medicare Part A and B	UPMC for You Advantage
Outpatient Medical Services	✓	✓
Inpatient Medical Services	✓	✓
Prescription Drug Coverage		✓
Routine Dental Benefits		✓
Routine Vision Benefits		✓
Fitness Benefits		✓
Eight One-Way Trips to Plan Approved Locations		✓
A Nursing Advice Line Available 24/7		✓
A Customized Care Plan for Every Member		✓
E-Visit a Trusted UPMC Provider Right From Your Computer		✓

**With UPMC for You Advantage, you're covered for:**

- \$0 copayment for primary care and specialist visits (no referrals needed).
- \$0 deductible for hospital care.
- \$0 for preventive services such as wellness visits, routine blood work, regular screenings, vaccines, and immunizations.
- No-cost or low-cost prescriptions at most of the large chain stores. Prescription drug copays range from \$0 - \$6.60.
- Dental benefits (\$0 copayment for x-rays, cleanings, and exams, once every six months. \$0 copayments, with a \$1,500 allowance to use towards dental procedures such as crowns or dentures as well as fillings and simple tooth extractions).
- Vision and eyewear benefits, including \$135 worth of eyewear every two years.
- Transportation for eight one-way trips to plan-approved locations.
- Fitness benefits, including a gym membership and easy, self-guided fitness plans.
- \$0 copayment for nationwide emergency care through Assist America®.

## Why us?

Because *UPMC for You Advantage* gives you peace of mind.

You get great insurance coverage, day-to-day support when you need it, and full in-network access to UPMC hospitals and doctors as well as many community hospitals.

What's more, enrolling couldn't be easier. Even if you're with another health plan, you can enroll in *UPMC for You Advantage* at any time.

It's simple. We'll walk you through it. Call us today!

## UPMC AnywhereCare

Stuffy head? Aches and Pains? E-visit a trusted UPMC provider right from your computer, with UPMC AnywhereCare. It's a free service for *UPMC for You Advantage* members. Go to your computer to access UPMC AnywhereCare and answer a few simple questions. You'll get a personalized care plan through your email in about 30 minutes. UPMC AnywhereCare providers can treat many common conditions, answer medical questions, make referrals, and write certain prescriptions.

**Toll-free: 1-866-405-8762**

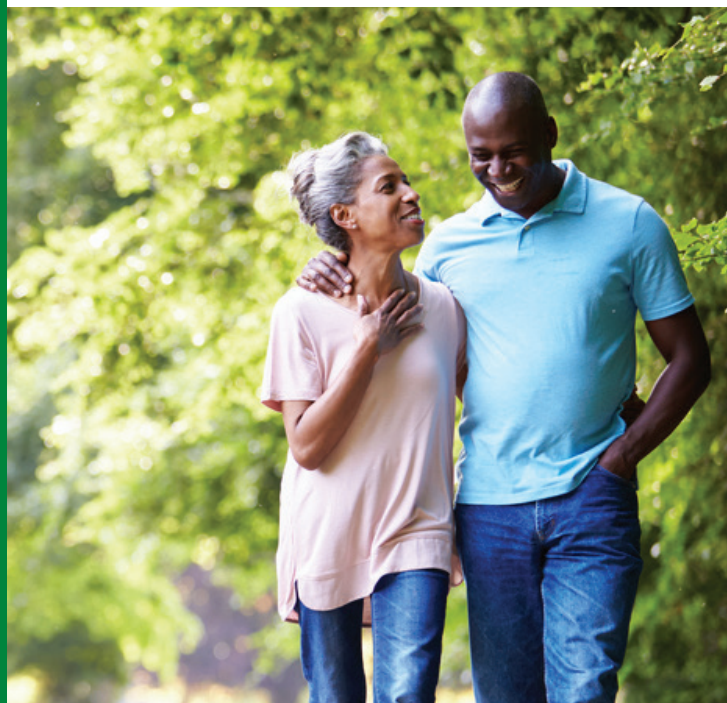
Oct. 1 - Feb. 14  
seven days a week  
8 a.m. to 8 p.m.

and

Feb. 15 - Sept. 30  
Monday through Friday  
8 a.m. to 8 p.m.

**TTY users: 1-866-407-8762**

[www.upmchealthplan.com/snp](http://www.upmchealthplan.com/snp)



**UPMC *for You Advantage* provides you the coverage and benefits you deserve.**

## Three things you can count on

### You have access

With UPMC *for You Advantage*, you won't have to worry about questions like "Is my doctor in the network?" or "Am I allowed to go to my neighborhood hospital?" You'll have access to 7,500 UPMC doctors and 40 hospitals, as well as urgent care centers, community hospitals, and specialty care centers. No referrals required.

### You are supported

Our award-winning customer service includes access to a Health Care Concierge.\* With one quick phone call, this person can:

- Answer your coverage questions.
- Help you find a doctor.
- Help you schedule appointments.

You also have 24/7 use of *MyHealth OnLine*, a free website that can help you reach your health and fitness goals, whether that's losing weight, eating better, getting active, stopping smoking, or reducing stress.

## You are taken care of by the very best

- UPMC is a world-class academic medical center and our programs are developed by experts using the latest research, national guidelines, and best practices.\*\*



\*\* UPMC has been recognized by *U.S. News & World Report* for the 15th time as one of the nation's top-ranked hospitals, and is ranked #1 in Pennsylvania (America's Best Hospitals, July 15, 2014 edition).



The UPMC Health Plan call center earned the 2013 Team Award for Best Customer Experience from the International Customer Management Institute (ICMI).\*

\*For more information, visit [www.icmi.com](http://www.icmi.com).

UPMC *for You Advantage* is an HMO SNP plan with a Medicare Advantage contract and a contract with the Pennsylvania Medical Assistance (Medicaid) program. Enrollment in UPMC *for You Advantage* depends on contract renewal. The benefit information provided is a brief summary, not a complete description of benefits. Limitations, copayments, and restrictions may apply. Benefits, formulary, pharmacy network, provider network, premium, and/or copayments/coinsurance may change on January 1 of each year. This plan is available to anyone who has both Medicaid from the State and Medicare. Premiums, copayments, coinsurance, and deductibles may vary based on the level of extra help you receive. Please contact the plan for further details.

**By returning the card on the next page, you are agreeing to a telephone call from a licensed representative to discuss UPMC *for You Advantage*.**

Returning the card does *not* affect your current enrollment, nor will it enroll you in a Medicare Advantage Plan, Prescription Drug Plan, or other Medicare plan. The person who will be discussing plan options with you is either employed or contracted by a Medicare health plan or prescription drug plan that is not the federal government, and he or she may be compensated based on your enrollment in a plan.

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SNP ADV BR MLR 14SNP0128 HL (MCG) 11/13/14 8.5M KP

## It's time to give your health plan a checkup!

**Learn more about the additional benefits you'll get as a UPMC *for You Advantage* member.** Please complete this postage-paid card and mail it. Thanks!

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Phone: \_\_\_\_\_

County: \_\_\_\_\_

Email: \_\_\_\_\_

- I am inquiring for myself. I have Medicare Parts A and B and Medical Assistance.
- I am inquiring on behalf of someone with Medicare Parts A and B and Medical Assistance:
- Family Member       Client
- Other

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