

UPMC *for You* Advantage, UPMC *for Life* Options, and UPMC *Community Care* Preventive Service Benefits

\$0 copay for all preventive services covered under Original Medicare at zero cost sharing:

- Abdominal Aortic Aneurysm Screening.
- Bone Mass Measurement – covered once every 24 months (more often if medically necessary) if you meet certain medical conditions.
- Cardiovascular Screening.
- Cervical and Vaginal Cancer Screening – covered once every 2 years and covered once a year for woman with Medicare at high risk.
- Colorectal Cancer Screening.
- Diabetes Screening.
- Influenza Vaccine.
- Hepatitis B Vaccine – for people with Medicare who are at risk
- HIV Screening - \$0 copay for the HIV screening, but you generally pay 20% of the Medicare-approved amount for the doctor’s visit. HIV screening is covered for people with Medicare who are pregnant and people at increased risk for the infections, including anyone who asks for the test. Medicare covers this test once every 12 months or up to three times during a pregnancy.
- Breast Cancer Screening (Mammogram) - Medicare covers screening mammograms once every 12 months for all women with Medicare age 40 and older. Medicare covers one baseline mammogram for women between ages 35-39.
- Medical Nutrition Therapy Services – nutrition therapy is for people who have diabetes or kidney disease (but aren’t on dialysis or haven’t had a kidney transplant) when referred by a doctor. These services can be given by a registered dietician and may include a nutritional assessment and counseling to help you manage your diabetes or kidney disease.
- Personalized Prevention Plan Services – (Annual Wellness Visit).
- Pneumococcal Vaccine – you may only need the pneumonia vaccine once in your lifetime. Call your doctor for more information.
- Prostate Cancer Screening.
- Prostate Specific Antigen (PSA) Test Only – covered once a year for all men with Medicare over age 50.
- Smoking and Tobacco Use Cessation (counseling to stop smoking and tobacco use) – covered if ordered by your doctor. Includes two counseling attempt includes up to four face-to-face visits.
- Screening and behavioral counseling interventions in primary care to reduce alcohol misuse.
- Screening for depression in adults.
- Screening for sexually transmitted infections (STI) and high-intensity behavioral counseling to prevent STIs.
- Intensive behavioral counseling for Cardiovascular Disease (bi-annual).
- Intensive behavioral therapy for obesity.
- Welcome to Medicare Preventive Visit (initial preventive physical exam) – when you join Medicare Part B, you are eligible as follows:
 - During the first 12 months of your coverage you can get either a Welcome to Medicare Preventive Visit or an Annual Wellness Visit.
 - After your first 12 months, you can get one Annual Wellness Visit every 12 months.