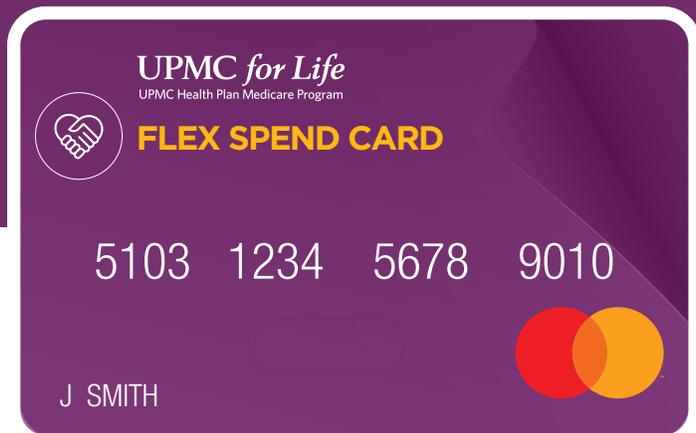


2025

UPMC *for Life* Flex Spend Card and Mail-Order Catalog



Watch videos and
access more
resources online at
upmchp.us/member-flex.

UPMC *for Life*
UPMC Health Plan Medicare Program

REMEMBER TO KEEP THIS CATALOG.

This catalog explains how your UPMC *for Life* Flex Spend Card works. You will also use it each time you place an over-the-counter (OTC) mail order.

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The UPMC *for Life* Flex Spend Card is an easy way to support your health and wellness throughout the year.

Customize your spending to support your needs:

- You can use part of your allowance toward dental, vision, and hearing services.
- You can use part of your allowance toward medical service costs, premier fitness locations, a fitness kit, OTC products, and home safety products.

Find your **yearly allowance amounts** using the chart below. Use your member ID card to confirm **your plan name** and **CMS plan identifier** (located at the top right of your member ID card). Then, find your plan name and CMS plan identifier in the chart below to see your yearly allowance amounts.

UPMC <i>for Life</i> Plan Name	CMS Plan Identifier	Allowance for dental, vision, and hearing services	Allowance for medical service costs, fitness, OTC, and home safety products		
HMO Rx (HMO)	CMS: H3907 058-001 CMS: H3907 058-002	\$500	\$500		
PPO Rx Choice (PPO)	CMS: H5533 015-001	\$375	\$375		
PPO Salute (PPO)	CMS: H5533 016-001	\$300	\$300		
HMO No Rx (HMO)	CMS: H3907 002				
HMO Premier Rx (HMO)	CMS: H3907 059-001 CMS: H3907 059-002 CMS: H3907 059-003				
HMO Rx Choice (HMO)	CMS: H3907 057-001 CMS: H3907 057-002 CMS: H3907 057-003 CMS: H3907 057-004 CMS: H3907 057-005			\$250	\$250
HMO Deductible Rx (HMO)	CMS: H3907 037				
PPO Premier Rx (PPO)	CMS: H5533 011				
PPO Rx Choice (PPO)	CMS: H5533 015-004				
PPO Salute (PPO)	CMS: H5533 016-002				
PPO Essential Care Rx (PPO)	CMS: H5533 017-001 CMS: H5533 017-002			\$150	\$150
PPO Premier Rx (PPO)	CMS: H5533 013				
PPO Rx Choice (PPO)	CMS: H5533 015-002 CMS: H5533 015-003 CMS: H5533 015-005				

The HMO Rx Enhanced (HMO), PPO High Deductible Rx (PPO), and PPO Rx Enhanced (PPO) plans do not include the UPMC for Life Flex Spend Card.

Managing your Flex Spend Card is easy with these digital tools

UPMC Health Plan app

Download the **UPMC Health Plan app** to manage your card. Scan this code to download the app now. Here are just a few things you can do on the app:

- Scan items at retail stores to see if they're covered before you check out.
- Check your allowance balances.
- See your recent transactions.
- Order fitness kits, OTC products, and home safety products.
- Submit a claim for reimbursement, if needed.



UPMC Health Plan member site

Log in to the UPMC Health Plan member site at upmchealthplan.com/members or scan the code for even more resources:

- Find participating retailers using the Merchant Locator Tool.
- Access the UPMC *for Life* Flex Spend Card Portal to set up direct deposit for claim reimbursements.
- Order fitness kits, OTC products, and home safety products.
- Check your balance, see your transactions, access the OTC website, and submit claims.



Member resource page and tutorial videos

Go to upmchp.us/member-flex or scan the code to watch helpful tutorial videos and learn more about using your card. You can learn about how your card works, the types of products and services you can buy, how to find participating retail stores, and more. You can also see the Flex Spend Card catalog and print OTC order forms and reimbursement forms.



Here are all the ways you can use your card. Remember, your Flex Spend Card works just like a prepaid debit card.

Use your allowance for dental, vision, and hearing services.



Dental services. Use this card to help pay for out-of-pocket dental costs, like the cost for teeth whitening, dental implants, dentures, tooth extractions, root canals, bridges, crowns, or periodontal work. Use your dental benefit allowance first to make the most of your plan benefits. Here's an example of how it works.

Let's say your plan includes a \$3,000 maximum dental allowance with 50% coinsurance and a \$500 allowance on your UPMC *for Life* Flex Spend Card for dental, vision, and hearing services. If you were to receive a covered dental service that totals \$400, you would be responsible for 50% of the cost, in this case \$200. You could use your Flex Spend Card to pay for your out-of-pocket cost of \$200! Your plan would cover the other 50%, or \$200. You would then have a remaining dental allowance of \$2,800 and a remaining balance of \$300 on your Flex Spend Card to use for other dental, vision, or hearing services.



Vision services. Use this card to help you pay for out-of-pocket vision costs, like the cost for contact lenses, eyeglasses, progressive and transition lenses, and prescription sunglasses. Use your vision benefit allowance first to make the most of your plan benefits.

Here's an example: In this instance your plan includes a \$200 yearly vision allowance and a \$500 allowance on your UPMC *for Life* Flex Spend Card for dental, vision, and hearing services. If you were to buy eyeglasses that cost \$300, your vision allowance would pay first and cover \$200. You could then use your Flex Spend Card to pay for the \$100 you owe out-of-pocket. After buying your eyeglasses, you will have exhausted your vision allowance and have a remaining balance of \$400 on your Flex Spend Card to use for other dental, vision, or hearing services.



Hearing services. Use this card to help pay for any out-of-pocket hearing costs, like the cost for hearing aids from a participating Amplifon hearing provider, hearing aid batteries, or hearing aid repairs.

Here's an example: All UPMC *for Life* plans include a discounted cost for hearing aids. In this example your plan also includes a \$500 allowance on your UPMC *for Life* Flex Spend Card for dental, vision, and hearing services. If you were to buy hearing aids that cost \$690 per aid per ear, you would owe \$1,380 for a pair of hearing aids. You could use your Flex Spend Card to apply \$500 toward the cost, leaving you with just \$880 to pay out-of-pocket. You will then have \$0 left on your Flex Spend Card for dental, vision, and hearing services.

Use your allowance for medical service costs, premier fitness locations, a fitness kit, OTC products, and home safety products.



Medical service costs. Use your card anytime you are asked to pay out-of-pocket for your care. You can use \$50 of your allowance per transaction to pay for things like doctor's office visits, urgent care visits, physical therapy, x-rays, and more. This includes copays, coinsurance, and deductibles. You can use your card at any provider that accepts Mastercard, but you should use in-network providers to take advantage of your plan benefits.

Here are some examples:

- **Specialist doctor visit:** If you have a specialist doctor visit with a \$35 copay, you can use your Flex Spend Card to pay for this copay. After your card is used, you will not owe anything out-of-pocket for this visit. Make sure to pay at the front desk with your Flex Spend Card.
- **Advanced imaging service:** If you have an advanced imaging service, like a CT scan with a \$225 copay, you can use your Flex Spend Card to pay for \$50 of this copay. After your card is used, you would still owe \$175 out-of-pocket ($\$225 - \$50 = \175). You can use a different form of payment to pay the balance. Make sure to pay at the front desk when using your Flex Spend Card.
- **Receive a bill for medical services:** If you receive a bill for covered medical services, you can use your card to pay \$50 of the cost.
 - Bill received from a UPMC provider:
 1. **By phone:** You can call the phone number on your bill to pay with your Flex Spend Card and another form of payment, if needed.
 2. **Online:** Follow the instructions on your bill to pay online or go to the MyUPMC app and select Pay Your Bills. You can pay with your Flex Spend Card and another form of payment, if needed.
 - Bill received from a non-UPMC provider:
 - If you receive a bill from a non-UPMC provider, you may want to pay your bill in full using another form of payment and then use our reimbursement process to be reimbursed the \$50 per transaction allowance from your Flex Spend Card.
 - Please see the reimbursement process on page 6.



Premier fitness locations. Use your card to pay for membership, classes, and other activities at any of our premier fitness locations, like Club Pilates, CycleBar, Pure Barre, and Orangetheory Fitness. You can also pay for memberships and classes out-of-pocket and submit a claim for reimbursement. You must use a participating premier fitness location to be reimbursed. The premier fitness locations are in addition to your SilverSneakers® fitness benefit. Go to upmchp.us/member-flex to see the full list of participating locations.



Fitness kit. Use your card to order one fitness kit per year. You can choose from several fitness kit options based on your needs. Fitness kits must be ordered through the UPMC Health Plan members site or app or by calling our fitness kit vendor directly. See page 68 for kit details and how to order.



OTC products. Use this card to buy covered OTC products in-store at participating retail stores and through this mail-order catalog. Start at page 8 for more information about buying OTC products with your card.



Home safety products. Use your card to buy home safety products through this mail-order catalog. Start at page 65 to see the list of home safety products. When you're ready to order, see page 10 to learn how to order online, by phone, or by mail. Please note, you cannot purchase home safety products at retail stores or be reimbursed for home safety products purchased at a retail stores.

Important note when using your Flex Spend Card: If your out-of-pocket cost is more than your available balance, use your Flex Spend Card first and then use a second form of payment to complete your transaction. If you do not have enough dollars on your card to cover your cost, your Flex Spend Card may decline. Remember, if you have to pay out-of-pocket for covered products or services for any reason, you can submit a claim for reimbursement. You must have applicable allowance dollars available on your card to be reimbursed.

Check your allowance balances every time before using your card.

Make sure to check your allowance balances often. Your balances should be current as of your most recent transaction. Here's how to easily check your balances anytime:

- Call the automated system 24/7 at **1-833-293-6483 (TTY: 711)**. Have your UPMC *for Life* member ID card ready. You will use your 11-digit member ID number to check your balance, not your 16-digit Flex Spend Card number.
- Use the UPMC Health Plan app or log in to the UPMC Health Plan member site at upmchealthplan.com/members.

Submitting a claim for reimbursement

If you have to pay out-of-pocket for covered products or services, you can submit a claim for reimbursement. You must have the applicable allowance dollars available on your card to be reimbursed. You must include proper documentation with your claim. Here are all the ways to submit a claim:

- **Online:** Log in to the UPMC Health Plan member site at upmchealthplan.com/members.
- **Mobile:** Download the UPMC Health Plan app.
- **Fax a reimbursement form:** 1-844-361-4700
- **Mail a reimbursement form:** UPMC Health Plan, PO Box 2784, Fargo, ND 58108

Go to upmchp.us/member-flex to print a reimbursement form or learn how to set up direct deposit through the UPMC *for Life* Flex Spend Card Portal. Submitted claims can take up to 72 hours to process. You can expect to be reimbursed by check within 10-14 days of your claim being processed or 24 to 48 hours if you have direct deposit set up.

Important: Please include only copies of your receipts. Do not send original receipts. Receipts cannot be returned to you or retrieved if lost. To avoid this, we recommend submitting your reimbursement claim online or via the UPMC Health Plan app.

Proper documentation includes a copy of a third-party receipt containing the following information:

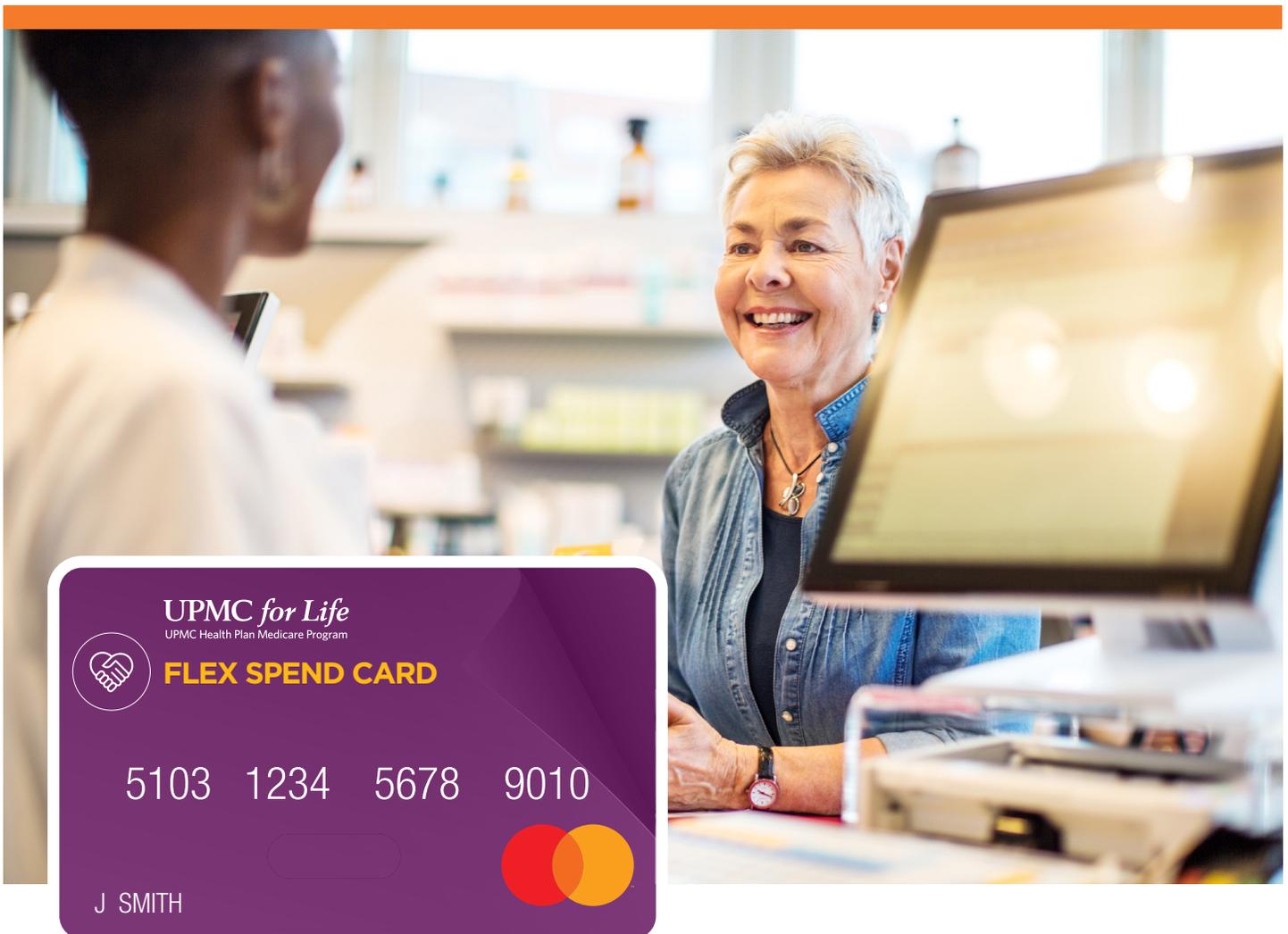
- Date service was received or purchase made
- Description of service or item purchased
- Dollar amount (after insurance, if applicable)

Unacceptable forms of documentation include the following:

- Provider statements that indicate only the amount paid, balance forward, or previous balance
- Credit card receipts that only reflect a payment
- Copies of checks
- Bills for prepaid expenses where services have not yet occurred

A few important things to remember about your Flex Spend Card:

- The full allowance amounts will be available on your card starting on your plan effective date. **These are yearly allowance amounts.** They will expire at the end of the year, Dec. 31, and will not roll over from year to year.
- The allowance amounts are nontransferable and can be used only for the products and services described.
 - The allowance for medical service costs, premier fitness locations, fitness kit, OTC products, and home safety products can be used for only these services and products. These allowance dollars cannot be used on dental, vision, and hearing services.
 - The allowance for dental, vision, and hearing services can be used for only these services. These allowance dollars cannot be used on medical service costs, premier fitness locations, a fitness kit, OTC products, and home safety products.
- Your Flex Spend Card cannot be used to pay for Part D prescription drug copays or your monthly plan premium.
- For your reimbursement claim to be processed, you must have applicable allowance dollars available on your card. For example, if you submit a claim for OTC products, but only have allowance dollars available for dental, vision, and hearing services, your claim for OTC products will be denied due to having an insufficient allowance for OTC products.



Buying OTC products at participating retail stores

You can shop for covered OTC products at any of our participating retail stores, including Giant Eagle, Rite Aid, Walgreens, and Walmart. At checkout, swipe your Flex Spend Card to pay for covered products. After swiping your card, if you still owe a remaining amount on your purchase, you can use another form of payment to complete your transaction.

IMPORTANT: You must shop in-store to buy products from participating retail stores. You **cannot** use your card to buy OTC products online from participating retailer websites or through their apps.

How to find participating retail stores

Use the Merchant Locator Tool to see the full list of participating retail stores and find locations near you:

- Log in to the UPMC Health Plan member site at upmchealthplan.com/members.
- On the **Spending Accounts card** on the homepage, click **View Account Summary**.
- Click **Flex Spend Card Resources** from quick links, then click **UPMC for Life Flex Spend Card Portal**.
- Once on the portal, find **Tools and Support** and click **Merchant Locator tool** to search our complete list of retailers.

Know what products are covered to avoid surprises at checkout.

We've made it easy to shop for covered OTC products in-store. Download the **UPMC Health Plan app** to scan products while you shop to know if they're covered before you check out. To get started, scan the code to get the app. After you log in, tap **Scan Items** on the insurance tab. You can buy 50 covered products per transaction.



Remember, if you have to pay out-of-pocket for covered products for any reason, you can submit a claim for reimbursement. You must have applicable allowance dollars available on your card to be reimbursed.

Make sure to check your account balances each time before using your card.



Covered retail product categories

Below is a list of the types of products you can buy with your card at participating stores. You do not need a prescription to buy these products. Products may not be available at all locations.

Cold and allergy

- Allergy prevention, relief, antihistamines
- Chest rubs
- Cough and cold remedies
- Decongestants
- Humidifiers and vaporizers
- Nasal strips and sprays
- Throat remedies

Diabetes accessories and supplements

Digestive health

- Antacids, indigestion, and flatulence remedies
- Diarrhea remedies
- General gastrointestinal remedies
- Laxatives
- Nausea and motion sickness remedies

Ear and eye care

- Ear preparations
- Eye preparations
- Contact lens care

First aid

- Bandages, wraps, tapes, dressings, and kits
- Antibiotics and antiseptics
- Slings and supports
- Skin remedies and protectants
- Protective gloves and face masks
- Thermometers
- Insect bite relief

Foot and leg care

- Antifungal products
- Wart, corn, and callus treatments
- Hygiene aids
- Therapeutic compression hosiery

Incontinence

- Incontinence supplies
- Disposable and nondisposable underwear

Oral care

- Dental cleansing
- Denture care
- Oral care aids (nonpowered and powered)
- Halitosis treatments
- Ulcer treatments

Other health and wellness

- Sleep aids
- Smoking deterrents
- Diagnostic monitors

Pain relief

- Arthritic, rheumatic, and muscular pain relief
- General and multi-use pain relief
- Headache and migraine pain relief
- Powered pain relief

Personal aids

- Pill boxes and splitters
- Heart rate monitors
- Personal scales

Skin care

- Facial and body acne cleansers
- Hand sanitizers

Sun protection

- Sunscreen
- After-sun care
- Lip balm with SPF

Vitamins and dietary supplements[†]

Important: Not all products listed in this catalog for mail-order are covered for purchase at participating retail stores. If a product is not covered for purchase at participating retail stores, it will not be eligible for reimbursement. OTC products must be health-related and meet all applicable Centers for Medicare & Medicaid Services (CMS) criteria in order to be eligible for coverage. If you have a question about if a product is covered, please call **1-833-293-6483 (TTY: 711)** Monday through Friday from 8 a.m. to 8 p.m.

Buying OTC products and home safety products through this mail-order catalog

We've made it easy for you to order OTC products and home safety products through this mail-order catalog. You can order online, by mail, or by phone—whichever works best for you. Products ordered through mail order will be delivered by mail to your home.

Here are your mail-order options:



Online

- To buy covered products online, you must use the UPMC *for Life* OTC website. Here are two easy ways to access the website:
 - UPMC Health Plan member site:
 1. Log in at **upmchealthplan.com/members**.
 2. On the **Spending Accounts card** on the homepage, click **View Account Summary**.
 3. To order OTC products, click **Over-the-counter (OTC) Resources** from quick links, then click **Visit the UPMC for Life OTC website**.
 4. To order home safety products, click **Flex Spend Card Resources** from quick links, then click **Home Safety Products**.
 - UPMC Health Plan app:
 1. Log in to the UPMC Health Plan app.
 2. Once in the app, tap **View Account Details** under **UPMC for Life Flex Spend Card** on the insurance tab.
 3. To order OTC products, click **Over-the-Counter Store**. To order home safety products, click **Home Safety Products**.
- On this website you can see the most up-to-date listing of covered products, make purchases, track your orders, view your order history, and more!



Mail

- Use this catalog to complete an order form. Mail the completed order form to:

OTC Servicing Center
PO Box 526266
Miami FL, 33152-9819
- When completing the order form, please make sure to include your member ID number and your Flex Spend Card number, expiration date, and 3-digit CVV code on the back of the card.
- If the end of the year is approaching and you do not think your order form will be received by Dec. 31, please order online or by phone.



Phone

- To place your order over the phone, call **1-800-688-2515 (TTY: 711)** Monday through Friday from 8 a.m. to 11 p.m. A team of experts is standing by to take your order and answer any questions.
- Please have your product selection, member ID card, and Flex Spend Card ready when you call.

A few important things to remember when buying mail-order products:

- Keep this catalog to use from Jan. 1, 2025, through Dec. 31, 2025.
- Products ordered online, by order form, or by phone are available through mail order only. Please allow 5-7 business days for your order to arrive.
- If you want to buy products online, you must use the UPMC *for Life* OTC website. You cannot purchase covered OTC products or home safety products from other online retailers.
- Because of the personal nature of these products, mail-order returns cannot be accepted. Please call **1-800-688-2515 (TTY: 711)** Monday through Friday from 8 a.m. to 11 p.m. within 30 days of placing your mail order if:
 - You haven't received your order.
 - You received a defective or damaged product.
- Some limitations and restrictions may apply for covered products.
- Covered products are for member use only. Members cannot purchase products for family members and friends.
- The products included in this catalog are offered through a third-party company called Convey Health Solutions Inc., which is responsible for processing your orders and shipping your products to you as quickly as possible. The product prices included in this catalog are set by Convey Health Solutions Inc. and may be subject to change.
- Make sure to talk to your doctor before taking any OTC medications.
- Products in the catalog may change during the year. You can view the most up-to-date listing of covered products on the UPMC *for Life* OTC website. Log in to the UPMC Health Plan member site at **upmchealthplan.com/members** or use the UPMC Health Plan app to access the UPMC *for Life* OTC website.
- UPMC *for Life* does not install home safety devices or reimburse for costs associated with the installation of home safety devices. UPMC *for Life* is not liable for improper installation, repairs, or other modifications. Members are responsible for any and all costs associated with installation.
- Not all products listed in this catalog for mail-order are covered for purchase at participating retail stores. If a product is not covered for purchase at participating retail stores, it will not be eligible for reimbursement. OTC products must be health-related and meet all applicable Centers for Medicare & Medicaid Services (CMS) criteria in order to be eligible for coverage. If you have a question about if a product is covered, please call **1-833-293-6483 (TTY: 711)** Monday through Friday from 8 a.m. to 8 p.m.

Prescription medications

Sometimes products may be covered through your Medicare Part B medical or Part D prescription drug coverage. We've marked these products with *. If you have a prescription for these products, use your UPMC *for Life* member ID card at a participating pharmacy and fill your prescription as you normally would. **You cannot use your Flex Spend Card to purchase prescriptions.**

Dual-purpose products

Certain products can be used for either a medical condition or for general health and well-being. These are called dual-purpose products. We've marked these products with †. If you would like to use your Flex Spend Card to purchase these products, your doctor must recommend them for a specific diagnosable condition. Please talk with your doctor before buying these products.

OTC products

The following is a list of covered OTC products that you can buy through mail order with your Flex Spend Card. You can order products online, by mail, or by phone. You do not need a prescription to buy these products. Certain products may not be available at the time of your order. Products may be replaced with a comparable product without notice and may look different from the product images in this list. Product prices may be subject to change.



Allergy

Benadryl Allergy Liqui-Gels Dye-Free

Item #: 1927
Packaging: 24 ct
Strength: 25 mg
\$12.00



Cetirizine HCL (Allergy Tablets)

Item #: 2003
Packaging: 45 ct
Strength: 10 mg
\$12.00



Chlorpheniramine Maleate Antihistamine (Allergy Tablets)

Item #: 1008
Packaging: 100 ct
Strength: 4 mg
\$6.50



Claritin 24hr Tablet

Item #: 2300
Packaging: 10 ct
Strength: 10 mg
\$22.00



Diphenhydramine Antihistamine (Allergy Tablets)

Item #: 1009
Packaging: 24 ct
Strength: 25 mg
\$4.75



Diphenhydramine Antihistamine (Allergy Tablets)

Item #: 1308
Packaging: 100 ct
Strength: 25 mg
\$7.75



Diphenhydramine Antihistamine (Allergy Tablets)

Item #: 2021
Packaging: 400 ct
Strength: 25 mg
\$16.50



Diphenhydramine HCL (Children's Allergy Liquid)

Item #: 1428
Packaging: 4 oz
Strength: 12.5 mg /
5 ml
\$7.75



Fexofenadine (Allergy Tablets)

Item #: 1804
Packaging: 30 ct
Strength: 180 mg
\$16.75



Fluticasone Propionate (Allergy Nasal Spray, 24-hour)

Item #: 1946
Packaging: 144
sprays
Strength: 50 mcg
\$26.25



Loratadine (Allergy Tablets)

Item #: 2033
Packaging: 10 ct
Strength: 10 mg
\$7.25



Loratadine (Allergy Tablets)

Item #: 1611
Packaging: 100 ct
Strength: 10 mg
\$16.75



Loratadine (Allergy Tablets)

Item #: 2020
Packaging: 365 ct
Strength: 10 mg
\$29.00



Nasacort

Item #: 1881
Packaging: 60 sprays
Strength:
\$24.00



Nasal Decongestant Inhaler - Levmetamfetamine

Item #: 1922
Packaging: 0.007 oz
Strength: 50 mg

\$7.75



Nasal Decongestant Spray, 12-Hour

Item #: 1091
Packaging: 1 oz
Strength: 0.05%

\$6.50



Nasal Spray, Saline

Item #: 1052
Packaging: 1.5 oz
Strength: 0.65%

\$6.50



Zyrtec Tablet

Item #: 2301
Packaging: 30 ct
Strength: 10 mg

\$27.00



Zyrtec Tablet

Item #: 2302
Packaging: 90 ct
Strength: 10 mg

\$53.50



Zyrtec Tablet, Go Packs

Item #: 2303
Packaging: 14 ct
Strength: 10 mg

\$29.00



Antacids & Acid Reducers

Alka-Seltzer

Item #: 1313
Packaging: 36 ct
Strength:

\$12.00



Antacid / Anti-Gas Liquid

Item #: 1006
Packaging: 12 oz
Strength:

\$7.75



Antacid Chewable

Item #: 1346
Packaging: 150 ct
Strength: 500 mg

\$6.50



Effervescent Antacid & Pain Relief

Item #: 1314
Packaging: 36 ct
Strength:

\$7.75



Esomeprazole Magnesium (Acid Reducer, Delayed Release)*

Item #: 1949
Packaging: 42 ct
Strength: 20 mg

\$22.00



Famotidine (Acid Reducer)

Item #: 1108
Packaging: 30 ct
Strength: 10 mg
\$6.50



Omeprazole (Acid Reducer, Delayed Release)*

Item #: 1970
Packaging: 42 ct
Strength: 20 mg
\$28.50



Omeprazole (Acid Reducer, Delayed Release, Dissolvable)*

Item #: 1966
Packaging: 42 ct
Strength: 20 mg
\$27.50



Prilosec*

Item #: 2053
Packaging: 42 ct
Strength: 20 mg
\$36.25



Simethicone (Gas Relief)

Item #: 1800
Packaging: 100 ct
Strength: 80 mg
\$8.75



TUMS Ultra Strength

Item #: 2019
Packaging: 72 ct
Strength: 1,000 mg
\$11.00



Anticandidal (Yeast)

AZO Complete Feminine Balance Probiotic

Item #: 2428
Packaging: 30 ct
Strength:
\$35.00



AZO Yeast Plus Dual-Relief

Item #: 2427
Packaging: 60 ct
Strength:
\$15.00



Clotrimazole (Vaginal Antifungal 7-Day Cream with Applicator)

Item #: 1115
Packaging: 45 gm
Strength: 1%
\$10.50



Miconazole (Vaginal Antifungal 3-Day Cream with Applicator)

Item #: 1117
Packaging: 1 ct
Strength: 2%
\$18.25



Tioconazole (Vaginal Antifungal 1-Day Cream with Applicator)

Item #: 1119
Packaging: 1 ct
Strength: 6.5%
\$20.75



Anti-diarrheal,
Laxatives, & Digestive
Health

Beano

Item #: 1316
Packaging: 30 ct
Strength:
\$9.75



**Bisacodyl (Stimulant Laxative,
Enteric Coated)**

Item #: 1128
Packaging: 100 ct
Strength: 5 mg
\$6.50



**ClearLax Unflavored Powder
Laxative**

Item #: 1969
Packaging: 8.3 oz
Strength: 17 g
\$17.00



**Docusate Sodium
(Stool Softener)**

Item #: 1126
Packaging: 100 ct
Strength: 100 mg
\$7.75



**Docusate Sodium Plus
Sennosides
(Natural Vegetable Laxative)**

Item #: 1130
Packaging: 60 ct
Strength: 8.6 mg /
50 mg
\$9.00



Enema

Item #: 1733
Packaging: 4.5 oz
Strength:
\$7.25



Ex-Lax

Item #: 1124
Packaging: 24 ct
Strength: 15 mg
\$24.00



Fiber Tablets ‡

Item #: 1155
Packaging: 60 ct
Strength: 500 mg
\$13.00



Florajen Triple Action Probiotic

Item #: 2429
Packaging: 30 ct
Strength:
\$35.00



Glycerin Suppository Laxative

Item #: 1125
Packaging: 25 ct
Strength: 2 gm
\$6.50



**Hydralyte Electrolyte Rapid
Rehydration Orange Powder
Stick Pouch**

Item #: 2387
Packaging: 20 ct
Strength:
\$26.25



**Imodium Multi-Symptom Relief
Caplets***

Item #: 2200
Packaging: 12 ct
Strength: 2 mg
\$12.25



Lactase Capsules

Item #: 1067
Packaging: 60 ct
Strength: 3,000 FCC
Units
\$13.00



**Loperamide HCL
(Anti-Diarrheal Tablets)***

Item #: 1133
Packaging: 12 ct
Strength: 2 mg
\$6.00



Magnesium Citrate (Saline Laxative, Lemon)

Item #: 1889
Packaging: 10 oz
Strength:
\$6.75



Milk of Magnesia

Item #: 1011
Packaging: 12 oz
Strength: 1,200 mg
\$7.25



Oral Probiotic

Item #: 2213
Packaging: 50 ct
Strength: 250 mg
\$27.50



Pepto-Bismol Cherry

Item #: 1317
Packaging: 12 oz
Strength: 525 mg /
30 ml
\$12.00



Pink Bismuth Chewable Tablets

Item #: 1045
Packaging: 30 ct
Strength: 262 mg
\$7.75



Pink Bismuth Liquid

Item #: 1318
Packaging: 8 oz
Strength: 525 mg /
30 ml
\$7.75



Anti-fungal

Anti-fungal Cream

Item #: 1135
Packaging: 1 oz
Strength: 2%
\$9.75



Athlete's Foot Cream

Item #: 1047
Packaging: 1.5 oz
Strength: 1%
\$7.75



Miconazole Nitrate (Athlete's Foot Spray)

Item #: 1874
Packaging: 4.6 oz
Strength: 2%
\$11.50



Nail Restore Fungal Formula

Item #: 2305
Packaging: 0.34 oz
Strength:
\$22.75



Terbinafine HCL (Athlete's Foot Cream)

Item #: 1046
Packaging: 0.5 oz
Strength: 1%
\$12.50



Tolnaftate (Anti-fungal Cream)

Item #: 1064
Packaging: 1.25 oz
Strength: 1%



\$6.50

Bathroom Safety & Fall Prevention

Bath Seat Cushion

Item #: 2310
Packaging: 1 ct
Strength:
\$27.25



Bath Tub Safety Rail

Item #: 1730
Packaging: 1 ct
Strength:
\$43.50



Bedside Commode*

Item #: 1984
Packaging: 1 ct
Strength:
\$74.75



Commode Liner

Item #: 2045
Packaging: 7 ct
Strength:
\$20.75



Fall Mat

Item #: 2006
Packaging: 1 ct
Strength:
\$165.50



Folding Cane Ergonomic Handle*

Item #: 1726
Packaging: 1 ct
Strength:
\$24.25



Gait Belt - 60"

Item #: 1790
Packaging: 1 ct
Strength:
\$17.50



Gait Belt - 72"

Item #: 1791
Packaging: 1 ct
Strength:
\$22.25



Quad Cane, Small Base*

Item #: 1777
Packaging: 1 ct
Strength:

\$27.75



Quad Cane, Large Base*

Item #: 1776
Packaging: 1 ct
Strength:

\$33.00



Safety Treads, Tub & Stair

Item #: 1780
Packaging: 1 ct
Strength:

\$11.00



Toilet Safety Rails

Item #: 1779
Packaging: 1 ct
Strength:

\$50.25



Toilet Seat Cushion Vinyl

Item #: 2308
Packaging: 1 ct
Strength:

\$19.00



Cold & Flu

Cepacol Sore Throat Lozenges

Item #: 1360
Packaging: 16 ct
Strength: 7.5%, 5 mg

\$7.75



Cough & Cold for High Blood Pressure

Item #: 1166
Packaging: 16 ct
Strength: 4 mg / 30 mg

\$9.00



Cough Drops, Cherry

Item #: 1056
Packaging: 30 ct
Strength: 5.8 mg

\$3.25



Cough Drops, Honey Lemon

Item #: 1833
Packaging: 30 ct
Strength: 7.5 mg

\$3.25



Cough Drops, Menthol

Item #: 1834
Packaging: 30 ct
Strength: 5.4 mg

\$3.25



Cough Syrup, Expectorant

Item #: 1054
Packaging: 4 oz
Strength: 200 mg /
10 ml

\$6.00



Diabetic Tussin DM

Item #: 1323
Packaging: 4 oz
Strength: 20 mg /
200 mg

\$11.25



Guaifenesin (Cough Expectorant)

Item #: 1180
Packaging: 100 ct
Strength: 200 mg

\$11.00



Mucinex

Item #: 2063
Packaging: 20 ct
Strength: 600 mg

\$19.75



Mucinex DM 12-Hr Expectorant & Cough Suppressant Tablets

Item #: 2514
Packaging: 20 ct
Strength: 600 mg /
30 mg

\$27.50



Mucus Relief DM Expectorant & Cough Suppressant

Item #: 1178
Packaging: 30 ct
Strength: 400 mg /
20 mg

\$11.00



Mucus Relief DM Expectorant & Cough Suppressant, Extended Release

Item #: 1965
Packaging: 14 ct
Strength: 1,200 mg /
60 mg

\$16.50



Multi-Symptom Cold Formula

Item #: 1357
Packaging: 24 ct
Strength: 10 mg / 5
mg / 325 mg

\$7.75



Nasal Rinse Kit, Saline

Item #: 1931
Packaging: 50 ct
Strength:

\$19.75



Personal Steam Inhaler

Item #: 1792
Packaging: 1 ct
Strength:

\$59.75



Phenylephrine HCL (Nasal Decongestant PE)

Item #: 1352
Packaging: 36 ct
Strength: 10 mg

\$6.50



Sore Throat Lozenges, Cherry

Item #: 1176
Packaging: 18 ct
Strength:

\$6.50



Sore Throat Spray, Cherry

Item #: 1904
Packaging: 6 oz
Strength: 1.4%

\$7.75



Steam Inhaler w/ Facial Mask

Item #: 2400
Packaging: 1 ct
Strength:

\$55.00



Tylenol Cold & Flu

Item #: 2061
Packaging: 24 ct
Strength:

\$13.25



Vapor Rub

Item #: 1164
Packaging: 4.0 oz
Strength: 4.8% /
1.2%

\$8.75



Cold Sore & Medicated Lip Products

Abreva

Item #: 1152
Packaging: 2 gm
Strength: 10%

\$26.25



Blistex Lip Ointment

Item #: 1256
Packaging: 6 gm
Strength:

\$5.50



Carmex

Item #: 1255
Packaging: 7.5 gm
Strength:

\$4.50



Herpecin-L Lip Balm

Item #: 1153
Packaging: 0.1 oz
Strength: 1%

\$9.75



Relev Cold Sore Treatment

Item #: 1359
Packaging: 6 ml
Strength: 0.13%

\$24.75



Dental & Denture Care

Antiseptic Mouthwash

Item #: 1077
Packaging: 16 oz
Strength:
\$7.25



Antiseptic Rinse

Item #: 2312
Packaging: 250 ml
Strength:
\$6.00



Biotene Dry Mouth Oral Rinse

Item #: 1817
Packaging: 16 oz
Strength:
\$14.25



Dental Travel Kit

Item #: 1749
Packaging: 1 ct
Strength:
\$12.00



Denture Brush

Item #: 1747
Packaging: 1 ct
Strength:
\$6.50



Denture Cleaning Tablets

Item #: 1032
Packaging: 40 ct
Strength:
\$7.75



Dry Mouth Spray

Item #: 1818
Packaging: 1.5 oz
Strength:
\$12.50



Efferdent Plus Mint Tablets

Item #: 1653
Packaging: 44 ct
Strength:
\$9.75



Effergrip Denture Cream Adhesive

Item #: 1843
Packaging: 2.5 oz
Strength:
\$9.75



Fingertip Tooth & Gum Massager

Item #: 1745
Packaging: 1 ct
Strength:
\$9.75



Fixodent

Item #: 1187
Packaging: 0.75 oz
Strength:
\$5.50



Interdental Flossups

Item #: 1751
Packaging: 90 ct
Strength:
\$6.00



Interdental Gum Brushes

Item #: 1748
Packaging: 10 ct
Strength:
\$7.00



Listerine Anticavity Fluoride Mouthwash

Item #: 2313
Packaging: 1 L
Strength:
\$12.25



Listerine Original

Item #: 2311
Packaging: 1 L
Strength:
\$10.25



Orajel Pain Relief

Item #: 1454
Packaging: 0.25 oz
Strength: 20%
\$12.00



Oral B Replacement Brush Heads

Item #: 2161
Packaging: 3 ct
Strength:
\$37.25



Oral Care System Kit

Item #: 1750
Packaging: 1 ct
Strength:
\$14.50



Oral Pain Relief

Item #: 1286
Packaging: 0.5 oz
Strength: 20%
\$7.75



Polident Denture Cream

Item #: 1324
Packaging: 3.9 oz
Strength:
\$8.50



Polident Overnight

Item #: 1892
Packaging: 84 ct
Strength:
\$13.25



Replacement Brush Heads

Item #: 1451
Packaging: 2 ct
Strength:
\$31.00



Sea-Bond Denture Adhesive Wafers, Lower

Item #: 2038
Packaging: 15 ct
Strength:
\$8.75



Sea-Bond Denture Adhesive Wafers, Uppers

Item #: 2039
Packaging: 15 ct
Strength:
\$8.75



Tongue Cleaner

Item #: 1746
Packaging: 1 ct
Strength:
\$6.50



Toothbrush, Battery Powered

Item #: 2015
Packaging: 1 ct
Strength:
\$22.00



Toothbrush, Colgate, Adult Medium

Item #: 1830
Packaging: 1 ct
Strength:
\$3.50



Toothbrush, Colgate, Adult Soft

Item #: 1413
Packaging: 1 ct
Strength:
\$3.50



Toothbrush, Professional Care Electronic

Item #: 1894
Packaging: 1 ct
Strength:
\$85.75



Toothbrush, Rechargeable

Item #: 1450
Packaging: 1 ct
Strength:

\$46.50



Toothbrush, Soft 2-pack

Item #: 1948
Packaging: 2 ct
Strength:

\$7.75



Toothbrush, Tek Pro, Angled Soft

Item #: 1412
Packaging: 1 ct
Strength:

\$4.00



Toothpaste, Colgate

Item #: 1831
Packaging: 4 oz
Strength:

\$6.50



Toothpaste, Crest Sensi-Relief

Item #: 1838
Packaging: 4.1 oz
Strength:

\$9.75



Toothpaste, Fluoride

Item #: 1914
Packaging: 6.4 oz
Strength:

\$6.25



Toothpaste, Pepsodent

Item #: 1414
Packaging: 5.5 oz
Strength:

\$5.50



Toothpaste, Sensitive Teeth

Item #: 1903
Packaging: 4.3 oz
Strength:

\$6.50



Toothpaste, Ultrabrite Advanced Whitening

Item #: 1716
Packaging: 6 oz
Strength:

\$6.50



Water Jet

Item #: 1744
Packaging: 1 ct
Strength:

\$37.75



Water Jet Replacement Tips

Item #: 1743
Packaging: 5 ct
Strength:

\$18.50



Waxed Dental Floss, Cinnamon

Item #: 2503
Packaging: 100 yd
Strength:

\$5.00



Waxed Dental Floss, Mint

Item #: 2502
Packaging: 100 yd
Strength:

\$5.00



Waxed Dental Floss, Unflavored

Item #: 2504
Packaging: 100 yd
Strength:

\$5.00



Diabetes Care

Daily Diabetes Health Pack Vitamins †

Item #: 2047
Packaging: 30 ct
Strength:
\$26.25



Diabetic Skin Relief Foot Cream

Item #: 1839
Packaging: 3.4 oz
Strength:
\$15.25



Diabetic Socks, Black, Medium 3-pack

Item #: 1956
Packaging: 3 pair
Strength:
\$11.75



Diabetic Socks, Black, Large 3-pack

Item #: 1957
Packaging: 3 pair
Strength:
\$11.75



Diabetic Socks, Black, X-Large 3-pack

Item #: 1958
Packaging: 3 pair
Strength:
\$11.75



Diabetic Socks, White, Medium 3-pack

Item #: 1953
Packaging: 3 pair
Strength:
\$11.75



Diabetic Socks, White, Large 3-pack

Item #: 1954
Packaging: 3 pair
Strength:
\$11.75



Diabetic Socks, White, X-Large 3-pack

Item #: 1955
Packaging: 3 pair
Strength:
\$11.75



Glucose Gummies Mixed Fruit Flavor

Item #: 2315
Packaging: 60 ct
Strength:
\$10.00



Glucose Tablets

Item #: 1997
Packaging: 50 ct
Strength:
\$8.75



Ultra Soft Padded Diabetic Sock, Black, Medium 2-pack

Item #: 1959
Packaging: 2 pair
Strength:
\$12.00



Ultra Soft Padded Diabetic Sock, Black, Large 2-pack

Item #: 1960
Packaging: 2 pair
Strength:
\$12.00



Ultra Soft Padded Diabetic Sock, Black, X-Large 2-pack

Item #: 1961
Packaging: 2 pair
Strength:
\$12.00



Ultra Soft Padded Diabetic Sock, White, Medium 2-pack

Item #: 1962
Packaging: 2 pair
Strength:
\$12.00



**Ultra Soft Padded Diabetic Sock,
White, Large 2-pack**

Item #: 1963
Packaging: 2 pair
Strength:

\$12.00



**Ultra Soft Padded Diabetic Sock,
White, X-Large 2-pack**

Item #: 1964
Packaging: 2 pair
Strength:

\$12.00



**Vivi Cap Insulin Temperature
Shield**

Item #: 2314
Packaging: 1 ct
Strength:

\$126.00



Zero Sugar Biotin ❖

Item #: 2320
Packaging: 60 ct
Strength: 5000 mcg

\$14.75



**Zero Sugar Diabetic
Multivitamin ❖**

Item #: 2316
Packaging: 60 ct
Strength:

\$16.00



Zero Sugar Probiotic

Item #: 2317
Packaging: 60 ct
Strength:

\$16.75



Zero Sugar Vitamin C ❖

Item #: 2318
Packaging: 60 ct
Strength:

\$14.00



Zero Sugar Vitamin D ❖

Item #: 2319
Packaging: 60 ct
Strength: 125 mcg

\$14.00



Diagnostics

A1C Self Check Now ✨

Item #: 2201
Packaging: 1 ct
Strength:
\$78.75



Activity Tracker

Item #: 1982
Packaging: 1 ct
Strength:
\$65.00



Bathroom Scale ✨

Item #: 1935
Packaging: 1 ct
Strength:
\$43.75



Bathroom Scale, Talking ✨

Item #: 1981
Packaging: 1 ct
Strength:
\$62.50



Blood Pressure Monitor, Desktop Automatic ✨

Item #: 1253
Packaging: 1 ct
Strength:
\$48.25



Blood Pressure Monitor, Desktop Talking ✨

Item #: 1503
Packaging: 1 ct
Strength:
\$58.50



Blood Pressure Monitor, Wrist ✨

Item #: 1501
Packaging: 1 ct
Strength:
\$36.25



Blood Pressure Monitor, Wrist Talking ✨

Item #: 1502
Packaging: 1 ct
Strength:
\$45.00



Covid-19 At Home Test Kit ✨

Item #: 2163
Packaging: 1 ct
Strength:
\$33.00



Desktop Blood Pressure Monitor Replacement Cuff ✨

Item #: 1504
Packaging: 1 ct
Strength:
\$19.00



EZ Detect Colon Cancer Test Kit ✨

Item #: 1416
Packaging: 1 ct
Strength:
\$18.50



Finger Pulse Oximeter ✨

Item #: 1505
Packaging: 1 ct
Strength:
\$36.25



Heart Rate Monitor Watch ✨

Item #: 1771
Packaging: 1 ct
Strength:
\$43.75



Non-Contact IR Forehead Thermometer

Item #: 2424
Packaging: 1 ct
Strength:
\$40.00



Peak Flow Meter ✂

Item #: 1789
Packaging: 1 ct
Strength:

\$21.25



Thermometer Probe Covers

Item #: 1752
Packaging: 30 ct
Strength:

\$4.50



Thermometer, Digital 60 Seconds

Item #: 1063
Packaging: 1 ct
Strength:

\$8.50



Thermometer, Digital Ear

Item #: 1285
Packaging: 1 ct
Strength:

\$36.25



Thermometer, Flexible Tip, Digital 9 Seconds

Item #: 1697
Packaging: 1 ct
Strength:

\$14.25



Thermometer, Talking Ear and Forehead

Item #: 1925
Packaging: 1 ct
Strength:

\$49.25



Vivi Epi Pen Temperature Shield

Item #: 2323
Packaging: 1 ct
Strength:

\$157.00



Eye & Ear Care

Artificial Tears Drops

Item #: 1192
Packaging: 0.5 oz
Strength:
\$6.75



Bausch + Lomb Eye Wash Solution

Item #: 1196
Packaging: 4 oz
Strength:
\$9.25



Cotton Tipped Swabs

Item #: 1742
Packaging: 300 ct
Strength:
\$6.25



Ear Pain Relief Ear Drops

Item #: 1841
Packaging: 10 ml
Strength:
\$14.25



Ear Wax Removal Drops

Item #: 1190
Packaging: 15 ml
Strength: 6.5%
\$6.25



Ear Wax Removal System with Rubber Bulb

Item #: 1363
Packaging: 15 ml
Strength: 6.5%
\$9.00



Eye Drops

Item #: 1199
Packaging: 0.2 oz
Strength:
\$6.50



Eye Patch

Item #: 1516
Packaging: 1 ct
Strength:
\$9.75



Irritation Relief Eye Drops

Item #: 1806
Packaging: 15 ml
Strength:
\$6.00



Lubricant Eye Gel

Item #: 2325
Packaging: 10 ml
Strength: 0.4% / 0.3%
\$25.50



Multi-Purpose Contact Lens Solution

Item #: 1468
Packaging: 12 oz
Strength:
\$10.50



Pataday Daily Release (Olopatidine)

Item #: 1807
Packaging: 5 ml
Strength: 0.1%
\$22.00



Pataday Daily Release (Olopatidine) Twin Pack

Item #: 1801
Packaging: 5 ml
Strength: 0.2%
\$43.75



PreserVision AREDS 2 Vitamin & Mineral Supplement †

Item #: 2324
Packaging: 90 ct
Strength:
\$35.00



Redness Relief Eye Drops

Item #: 1061
Packaging: 15 ml
Strength: 0.05%
\$5.50



Sterile Ultra Lubricant Eye Drops

Item #: 2326
Packaging: 0.5 oz
Strength:
\$11.00



Stye Eye Compress

Item #: 1905
Packaging: 1 ct
Strength:
\$12.00



Stye Eye Ointment

Item #: 1906
Packaging: 3.5 gm
Strength:
\$12.50



Swim-Ear Ear Drops

Item #: 1910
Packaging: 1 oz
Strength:
\$8.25



Feminine Care

Estroven Complete Menopause Relief

Item #: 2437
Packaging: 28 ct
Strength:
\$20.00



Menstrual Pads Size 1

Item #: 2442
Packaging: 30 ct
Strength:
\$18.00



Menstrual Pads Size 2

Item #: 2443
Packaging: 26 ct
Strength:
\$18.00



Menstrual Pads Size 3

Item #: 2444
Packaging: 30 ct
Strength:
\$18.00



Menstrual Pads Size 4

Item #: 2445
Packaging: 28 ct
Strength:
\$18.00



Menstrual Pads Size 5

Item #: 2446
Packaging: 26 ct
Strength:

\$18.00



Tampons Regular

Item #: 2439
Packaging: 30 ct
Strength:

\$18.00



Tampons Super

Item #: 2440
Packaging: 30 ct
Strength:

\$18.00



Tampons Super Plus

Item #: 2441
Packaging: 30 ct
Strength:

\$18.00



First Aid

Adhesive Bandages

Item #: 1344
Packaging: 100 ct
Strength:

\$6.25



After Bite Relief

Item #: 1803
Packaging: 0.5 oz
Strength:

\$11.00



Alcohol Pads*

Item #: 1200
Packaging: 100 ct
Strength: 70%

\$5.50



Alcohol Pads*

Item #: 2004
Packaging: 200 ct
Strength: 70%

\$6.00



Antiseptic Skin Cleanser

Item #: 1808
Packaging: 8 oz
Strength:

\$13.25



Antiseptic Towelettes

Item #: 1201
Packaging: 100 ct
Strength:
\$9.00



Bacitracin Ointment

Item #: 1020
Packaging: 1 oz
Strength: 500 u / gm
\$7.75



Bactine Solution

Item #: 1142
Packaging: 4 oz
Strength:
\$11.50



Band-Aid Comfort-Flex Plastic

Item #: 2054
Packaging: 60 ct
Strength:
\$8.75



Band-Aid Johnson & Johnson Gauze Pad - 2" x 2"

Item #: 1676
Packaging: 25 ct
Strength:
\$7.75



Benadryl Extra Strength Itch Stopping Cream

Item #: 2060
Packaging: 1 oz
Strength:
\$6.50



Burn Relief Spray

Item #: 1926
Packaging: 4.5 oz
Strength: 0.5%
\$12.75



Caldyphen Clear (Anti-Itch Lotion)

Item #: 1144
Packaging: 6 oz
Strength: 1%
\$8.75



Cast, Bandage and Wound Protector, Arm

Item #: 2042
Packaging: 2 ct
Strength:
\$20.75



Cast, Bandage and Wound Protector, Leg

Item #: 2043
Packaging: 2 ct
Strength:
\$20.75



Conforming Stretch Gauze Sterile Bandages - 3" x 4.1 yd

Item #: 1223
Packaging: 12 ct
Strength:
\$9.75



Cotton Balls

Item #: 1763
Packaging: 200 ct
Strength:
\$5.00



Cotton Tipped Applicator - 6"

Item #: 1669
Packaging: 1000 ct
Strength:
\$12.50



Diphenhydramine HCL / Zinc Acetate (Anti-Itch Cream)

Item #: 1140
Packaging: 1 oz
Strength:
\$6.50



Elastic Bandage - 2" x 4.5 yd

Item #: 1207
Packaging: 1 ct
Strength:
\$5.00



Elastic Bandage - 6" x 5 yd

Item #: 1213
Packaging: 1 ct
Strength:

\$6.50



First Aid Kit, 20 Pieces

Item #: 1947
Packaging: 1 ct
Strength:

\$7.75



First Aid Kit, 76 Pieces

Item #: 1215
Packaging: 1 ct
Strength:

\$13.00



First Aid Kit, 175 Pieces

Item #: 1738
Packaging: 1 ct
Strength:

\$19.00



First Aid Kit, 298 Pieces

Item #: 2511
Packaging: 1 ct
Strength:

\$23.50



Gold Bond Medicated Body Powder

Item #: 2055
Packaging: 10 oz
Strength:

\$12.00



Hot/Cold Pack, 1 Small & 1 Large

Item #: 1062
Packaging: 2 ct
Strength:

\$11.75



Hydrocortisone 1% Cream

Item #: 1074
Packaging: 1 oz
Strength: 1%

\$6.50



Hydrogen Peroxide

Item #: 1228
Packaging: 16 oz
Strength: 3%

\$6.00



Insect Repellent Spray - DEET

Item #: 1867
Packaging: 2 oz
Strength: 30%

\$9.25



Insect Repellent Spray - DEET

Item #: 1796
Packaging: 4 oz
Strength: 30%

\$13.25



Insect Repellent Spray - DEET

Item #: 1868
Packaging: 8 oz
Strength: 30%

\$18.00



Iodine Solution Antiseptic

Item #: 1203
Packaging: 4 oz
Strength: 10%

\$10.00



Isopropyl Alcohol

Item #: 1713
Packaging: 16 oz
Strength: 70%

\$6.50



Isopropyl Alcohol, Wintergreen

Item #: 1229
Packaging: 16 oz
Strength: 70%

\$6.50



Liquid Bandage

Item #: 1872
Packaging: 0.61 oz
Strength:

\$9.75



Neosporin + Pain Relief

Item #: 1326
Packaging: 0.5 oz
Strength:

\$11.00



Nexcare Clear Waterproof Bandages Assorted Sizes

Item #: 1667
Packaging: 50 ct
Strength:

\$9.00



Nitrile Gloves (Small)

Item #: 2328
Packaging: 100 ct
Strength:

\$23.00



Nitrile Gloves (Medium)

Item #: 2448
Packaging: 100 ct
Strength:

\$23.00



Nitrile Gloves (Large)

Item #: 1840
Packaging: 100 ct
Strength:

\$23.00



Nitrile Gloves (X-Large)

Item #: 2329
Packaging: 100 ct
Strength:

\$23.00



Petroleum Jelly

Item #: 2018
Packaging: 4 oz
Strength:

\$7.75



Procedural Face Masks with Earloops

Item #: 1896
Packaging: 50 ct
Strength:

\$19.00



Tape, Paper Surgical - 1" x 10 yd

Item #: 1217
Packaging: 1 ct
Strength:

\$6.50



Tape, Silk Surgical - 1" x 10 yd

Item #: 1219
Packaging: 1 ct
Strength:

\$6.50



Tape, Transparent Surgical - 1" x 10 yd

Item #: 1221
Packaging: 1 ct
Strength:

\$4.50



Tegaderm Transparent Dressing

Item #: 1819
Packaging: 8 ct
Strength:

\$11.50



Triple Antibiotic Ointment

Item #: 1014
Packaging: 1 oz
Strength:

\$8.50



Vaseline Petroleum Jelly

Item #: 2057
Packaging: 13 oz
Strength:

\$8.75



Vinyl Gloves (Small)

Item #: 2333
Packaging: 100 ct
Strength:

\$17.50



Vinyl Gloves (Medium)

Item #: 2447
Packaging: 100 ct
Strength:

\$17.50



Vinyl Gloves (Large)

Item #: 2230
Packaging: 100 ct
Strength:

\$17.50



Vinyl Gloves (X-Large)

Item #: 2334
Packaging: 100 ct
Strength:

\$17.50



Foot Care

Bunion Guard

Item #: 1784
Packaging: 1 ct
Strength:

\$9.75



Callus Remover Pads

Item #: 1238
Packaging: 6 ct
Strength:

\$8.75



Comfort Insoles - Small W(7.5-9) / M(5.5-7)

Item #: 2506
Packaging: 1 pair
Strength:

\$16.50



Comfort Insoles - Size Medium W(9.5-11) / M(7.5-9)

Item #: 2507
Packaging: 1 pair
Strength:

\$16.50



Comfort Insoles - Size Large W(11.5-13) / M(9.5-11)

Item #: 2508
Packaging: 1 pair
Strength:

\$16.50



Corn Remover Pads

Item #: 1236
Packaging: 9 ct
Strength:

\$8.25



Deodorant Foot Powder

Item #: 2335
Packaging: 6 oz
Strength:

\$9.00



Dr. Scholl's Float-On-Air Insole Men's

Item #: 2388
Packaging: 1 pair
Strength:

\$20.75



Dr. Scholl's Float-On-Air Insole Women's

Item #: 2389
Packaging: 1 pair
Strength:

\$20.75



Hammer Toe Crest

Item #: 1785
Packaging: 1 ct
Strength:

\$12.00



Kerasal Fungal Nail Renewal

Item #: 2391
Packaging: 0.33 oz
Strength:

\$24.00



Kerasal Intensive Foot Repair Ointment

Item #: 2390
Packaging: 0.33 oz
Strength:

\$19.75



Lamb's Wool Padding

Item #: 1786
Packaging: 1 ct
Strength:

\$6.00



Medicated Foot Powder

Item #: 1240
Packaging: 5 oz
Strength:

\$9.00



Moleskin Sheets Plus

Item #: 1782
Packaging: 4 ct
Strength:

\$7.00



Toe Protector, Small

Item #: 1788
Packaging: 1 ct
Strength:

\$9.75



Toe Protector, Large

Item #: 1787
Packaging: 1 ct
Strength:

\$9.75



Toe Separator

Item #: 1783
Packaging: 6 ct
Strength:

\$8.75



Hemorrhoidal Preparations

Hemorrhoidal Ointment

Item #: 1066
Packaging: 2 oz
Strength:
\$7.50



Hemorrhoidal Suppository

Item #: 1247
Packaging: 12 ct
Strength:
\$8.50



Pre-moist Hemorrhoid Pads

Item #: 1364
Packaging: 100 ct
Strength:
\$9.75



Preparation H Cream

Item #: 1248
Packaging: 26 gm
Strength:
\$13.25



Preparation H Medicated Wipes

Item #: 1895
Packaging: 48 ct
Strength:
\$12.00



Tucks Medicated Cooling Pads by Blistex

Item #: 1098
Packaging: 100 ct
Strength:
\$15.00



Home Aids

Air Purifier - Small Room

Item #: 2351
Packaging: 1 ct
Strength:
\$198.50



Air Purifier - Small Room Filter

Item #: 2404
Packaging: 1 ct
Strength:
\$25.00



Air Purifier - Small Room Filter w/ Active Carbon

Item #: 2405
Packaging: 1 ct
Strength:
\$35.00



Air Purifier - Medium Room

Item #: 2402
Packaging: 1 ct
Strength:
\$300.00



Air Purifier - Medium Room Filter w/ Active Carbon

Item #: 2406
Packaging: 1 ct
Strength:
\$40.00



Air Purifier - Medium Room Filter w/ Active Carbon & Silver Ion

Item #: 2407
Packaging: 1 ct
Strength:
\$50.00



Air Purifier - Medium Room Prefilter

Item #: 2403
Packaging: 1 ct
Strength:
\$20.00



Air Purifier - Large Room

Item #: 2401
Packaging: 1 ct
Strength:
\$600.00



Cane Ice Grip Attachment

Item #: 2241
Packaging: 1 ct
Strength:
\$11.50



Cordless Water Flosser

Item #: 2341
Packaging: 1 ct
Strength:
\$42.50



CPAP Mask Wipes

Item #: 2037
Packaging: 72 ct
Strength:
\$13.75



CPAP Pillow Fiber Filled

Item #: 1836
Packaging: 1 ct
Strength:
\$62.75



CPAP Pillow Memory Foam

Item #: 1837
Packaging: 1 ct
Strength:
\$49.25



Cushion, Foam Ring

Item #: 1732
Packaging: 1 ct
Strength:
\$24.00



Cushion, Lumbar

Item #: 1731
Packaging: 1 ct
Strength:

\$26.25



Deluxe Pedal Exerciser

Item #: 2340
Packaging: 1 ct
Strength:

\$68.75



Denture Case

Item #: 1515
Packaging: 1 ct
Strength:

\$4.00



Elastic Mattress Cover - 80" x 36" x 6"

Item #: 1753
Packaging: 1 ct
Strength:

\$10.00



Elastic Mattress Cover - Full

Item #: 2409
Packaging: 1 ct
Strength:

\$20.00



Elastic Mattress Cover - Queen

Item #: 2410
Packaging: 1 ct
Strength:

\$25.00



Elastic Mattress Cover - King

Item #: 2411
Packaging: 1 ct
Strength:

\$30.00



Exercise Resistance Bands

Item #: 2346
Packaging: 5 ct
Strength:

\$6.25



Fabric Exercise Resistance Bands

Item #: 2417
Packaging: 3 ct
Strength:

\$20.00



Foam Bed Wedge

Item #: 2353
Packaging: 1 ct
Strength:

\$43.50



Foot Stool with Support Handle

Item #: 2349
Packaging: 1 ct
Strength:

\$31.25



Generic: Reading Glass Diopter +1.0

Item #: 2130
Packaging: 1 ct
Strength: 1.0 diopter

\$14.50



Generic: Reading Glass Diopter +1.25

Item #: 2133
Packaging: 1 ct
Strength: 1.25 diopter

\$14.50



Generic: Reading Glass Diopter +1.5

Item #: 2136
Packaging: 1 ct
Strength: 1.50 diopter

\$14.50



Generic: Reading Glass Diopter +1.75

Item #: 2139
Packaging: 1 ct
Strength: 1.75 diopter

\$14.50



**Generic: Reading Glass Diopter
+2.0**

Item #: 2142
Packaging: 1 ct
Strength: 2.00
diopter



\$14.50

**Generic: Reading Glass Diopter
+2.25**

Item #: 2145
Packaging: 1 ct
Strength: 2.25
diopter



\$14.50

**Generic: Reading Glass Diopter
+2.75**

Item #: 2148
Packaging: 1 ct
Strength: 2.75
diopter



\$14.50

**Generic: Reading Glass Diopter
+3.0**

Item #: 2151
Packaging: 1 ct
Strength: 3.00
diopter



\$14.50

**Generic: Reading Glass Diopter
+3.25**

Item #: 2154
Packaging: 1 ct
Strength: 3.25
diopter



\$14.50

**Generic: Reading Glass Diopter
+3.5**

Item #: 2157
Packaging: 1 ct
Strength: 3.50
diopter



\$14.50

**Generic: Reading Glass Diopter
+4.0**

Item #: 2160
Packaging: 1 ct
Strength: 4.00
diopter



\$14.50

Hand Exercise Strengtheners

Item #: 2347
Packaging: 1 pair
Strength:



\$9.00

Hearing Aid Batteries (Size 10)

Item #: 1431
Packaging: 8 ct
Strength:



\$10.50

Hearing Aid Batteries (Size 13)

Item #: 1430
Packaging: 8 ct
Strength:



\$10.50

Hearing Aid Batteries (Size 312)

Item #: 1429
Packaging: 8 ct
Strength:



\$10.50

Humidifier, Ultra-Sonic Cool Mist

Item #: 1795
Packaging: 1 ct
Strength:



\$65.75

Hypoallergenic Pillow

Item #: 1936
Packaging: 1 ct
Strength:



\$56.75

**Hypoallergenic Side Sleeper
Pillow**

Item #: 2414
Packaging: 1 ct
Strength:



\$40.00

**Hypoallergenic Side Sleeper
Pillow Case**

Item #: 2510
Packaging: 1 ct
Strength:



\$20.00

Jar Opener for Seniors

Item #: 2343
Packaging: 3 ct
Strength:
\$8.75



Kitchen Scale, Dial ✧

Item #: 1756
Packaging: 1 ct
Strength:
\$10.00



Kitchen Scale, Digital ✧

Item #: 2016
Packaging: 1 ct
Strength:
\$27.50



LED Magnifier

Item #: 2413
Packaging: 1 ct
Strength:
\$10.00



Leg Lifter

Item #: 2418
Packaging: 1 ct
Strength:
\$10.00



Massaging Foam Roller

Item #: 2354
Packaging: 1 ct
Strength:
\$132.25



Measuring Cup Scale ✧

Item #: 2214
Packaging: 1 ct
Strength:
\$29.50



Medical ID Bracelet - Blank

Item #: 1875
Packaging: 1 ct
Strength:
\$19.25



Medical ID Bracelet - Diabetic

Item #: 1877
Packaging: 1 ct
Strength:
\$19.50



Medical ID Bracelet - Heart

Item #: 1876
Packaging: 1 ct
Strength:
\$19.50



Medicine Bottle Opener with Magnifier

Item #: 2017
Packaging: 1 ct
Strength:
\$11.00



Night Guard (Boil and Bite Mouth Guard)

Item #: 1512
Packaging: 1 ct
Strength:
\$25.25



Ortho Wedge

Item #: 2352
Packaging: 1 ct
Strength:
\$47.25



Orthopedic Neck Pillow

Item #: 1513
Packaging: 1 ct
Strength:
\$45.25



Overdoor Neck Traction Set

Item #: 2416
Packaging: 1 ct
Strength:
\$15.00



Overdoor Shoulder Pulley Set

Item #: 2415
Packaging: 1 ct
Strength:
\$25.00



Pill Crusher with Storage

Item #: 1933
Packaging: 1 ct
Strength:
\$11.00



Pill Cutter with Safety Shield

Item #: 1932
Packaging: 1 ct
Strength:
\$11.00



Probing Cane, White

Item #: 1514
Packaging: 1 ct
Strength:
\$23.00



Sharps Container, 1 Quart

Item #: 2501
Packaging: 1 ct
Strength:
\$8.00



Stress Balls

Item #: 2344
Packaging: 3 ct
Strength:
\$8.00



Tray for Walker (Fold Away)

Item #: 2350
Packaging: 1 ct
Strength:
\$19.25



UV-C Air Sanitizer

Item #: 2408
Packaging: 1 ct
Strength:
\$35.00



Weekly AM/PM Pill Case

Item #: 1934
Packaging: 1 ct
Strength:
\$12.00



Weighted Blanket

Item #: 1511
Packaging: 1 ct
Strength:
\$93.00



Wheelchair Cushion, Gel / Foam Seat

Item #: 1466
Packaging: 1 ct
Strength:
\$38.25



White Noise Machine

Item #: 2419
Packaging: 1 ct
Strength:
\$25.00



Wrist and Ankle Weights

Item #: 2348
Packaging: 1 ct
Strength:
\$27.50



Incontinence Supplies

A & D Ointment

Item #: 1300
Packaging: 2 oz
Strength:

\$7.75



Adult Briefs, Small - 25" to 34" (Tabs)

Item #: 1510
Packaging: 24 ct
Strength:

\$18.50



Adult Briefs, Medium - 32" to 44" (Tabs)

Item #: 2026
Packaging: 24 ct
Strength:

\$18.50



Adult Briefs, Large - 44" to 58" (Tabs)

Item #: 2027
Packaging: 24 ct
Strength:

\$23.50



Adult Briefs, X-Large - 58" to 63" (Tabs)

Item #: 2028
Packaging: 20 ct
Strength:

\$19.75



Attends Bariatric 2X-Large Underwear

Item #: 2219
Packaging: 12 ct
Strength:

\$27.50



Barrier Cream

Item #: 1302
Packaging: 4 oz
Strength:

\$9.75



Bathing Wipes

Item #: 2010
Packaging: 8 ct
Strength:

\$8.75



Bedpan

Item #: 2048
Packaging: 1 ct
Strength:

\$8.00



Bladder Control Shaped Pad, Heavy Absorbency

Item #: 1479
Packaging: 20 ct
Strength:

\$19.50



Bladder Control Shaped Pad, Maximum Absorbency

Item #: 1480
Packaging: 20 ct
Strength:

\$19.50



Disposable Underwear, Medium - 34" to 44" (Pull-up)

Item #: 1021
Packaging: 20 ct
Strength:

\$17.50



Disposable Underwear, Large - 44" to 58" (Pull-up)

Item #: 1026
Packaging: 18 ct
Strength:

\$17.50



Disposable Underwear, X-Large - 58" to 68" (Pull-up)

Item #: 1027
Packaging: 14 ct
Strength:

\$17.50



Flushable Wipes

Item #: 1928
Packaging: 24 ct
Strength:

\$8.75



Flushable Wipes

Item #: 2000
Packaging: 60 ct
Strength:

\$13.25



Hydrating Spray Cleanser

Item #: 2022
Packaging: 8 oz
Strength:

\$9.00



Skin Protectant Ointment

Item #: 1202
Packaging: 4 oz
Strength: 75% / 20%

\$13.25



Male Urinal

Item #: 2049
Packaging: 1 ct
Strength:

\$7.50



Men's Guard

Item #: 1811
Packaging: 20 ct
Strength:

\$15.25



Men's Underwear, Small/Medium

Item #: 2381
Packaging: 20 ct
Strength:

\$25.75



Men's Underwear, Large/X-Large

Item #: 2382
Packaging: 18 ct
Strength:

\$25.75



No-Rinse Body Wash

Item #: 1884
Packaging: 8 oz
Strength:

\$13.25



Overnight Bladder Control Pads

Item #: 2380
Packaging: 30 ct
Strength:

\$35.25



Oxytrol

Item #: 1508
Packaging: 4 ct
Strength: 3.9 mg / day

\$25.25



Premier Adult Briefs, Medium - 32" to 44" (Tabs)

Item #: 1993
Packaging: 14 ct
Strength:

\$32.75



Premier Adult Briefs, Large - 44" to 58" (Tabs)

Item #: 1994
Packaging: 12 ct
Strength:

\$32.75



Premier Adult Briefs, X-Large - 58" to 63" (Tabs)

Item #: 1995
Packaging: 10 ct
Strength:

\$32.75



Premier Disposable Underwear, Medium - 36" to 44" (Pull-up)

Item #: 1990
Packaging: 18 ct
Strength:

\$32.75



**Premier Disposable Underwear,
Large - 44" to 58" (Pull-up)**

Item #: 1991
Packaging: 16 ct
Strength:

\$32.75



**Premier Disposable Underwear,
X-Large - 56" to 68" (Pull-up)**

Item #: 1992
Packaging: 14 ct
Strength:

\$32.75



**Premoistened Adult Cleansing
Wipes**

Item #: 2500
Packaging: 48 ct
Strength:

\$9.00



Underpad, Disposable - 30" x 30"

Item #: 1477
Packaging: 10 ct
Strength:

\$10.50



**Underpad, Extra Absorbent Air
Permeable, 30" x 36"**

Item #: 1996
Packaging: 5 ct
Strength:

\$19.50



**Women's Maximum Bladder
Control Pad**

Item #: 1812
Packaging: 20 ct
Strength:

\$22.00



Women's Panty Liner

Item #: 1815
Packaging: 28 ct
Strength:

\$13.00



**Women's Ultimate Bladder
Control Pad**

Item #: 1814
Packaging: 20 ct
Strength:

\$25.00



Women's Underwear, Medium

Item #: 2383
Packaging: 20 ct
Strength:

\$25.75



Women's Underwear, Large

Item #: 2385
Packaging: 18 ct
Strength:

\$25.75



Women's Underwear, X-Large

Item #: 2384
Packaging: 16 ct
Strength:

\$25.75



Motion Sickness

Bonine Adult 8's

Item #: 1264
Packaging: 8 ct
Strength: 25 mg
\$7.75



Dimenhydrinate (Motion Sickness Tablets)

Item #: 1263
Packaging: 12 ct
Strength: 50 mg
\$6.50



Meclizine HCL (Motion Sickness Caplets)

Item #: 1366
Packaging: 100 ct
Strength: 12.5 mg
\$9.75



Nutritional Supplements

BOOST Nutritional Supplement: Chocolate Shake 8oz each

Item #: 2100
Packaging: 24 ct
Strength:
\$55.00



BOOST Nutritional Supplement: Vanilla Shake 8oz each

Item #: 2101
Packaging: 24 ct
Strength:
\$55.00



Country Farms Apple Cider Vinegar Gummy

Item #: 2116
Packaging: 60 ct
Strength:
\$15.25



Glucerna: Chocolate Shake 8oz each

Item #: 2104
Packaging: 6 ct
Strength:
\$20.75



Glucerna: Chocolate Shake 8oz each

Item #: 2102
Packaging: 24 ct
Strength:
\$66.25



Glucerna: Vanilla Shake 8oz each

Item #: 2105
Packaging: 6 ct
Strength:
\$20.75



Glucerna: Vanilla Shake 8oz each

Item #: 2103
Packaging: 24 ct
Strength:
\$66.25



Pain Relief Aids

Absorbine Roll-on Pain Reliever

Item #: 2425
Packaging: 2.5 oz
Strength: 4% / 1.5%
\$20.00



Arthritis Hot Pain Relief Cream

Item #: 1809
Packaging: 3 oz
Strength: 10%
\$7.75



Arthritis Pain Relieving Gel

Item #: 2229
Packaging: 3.5 oz
Strength: 1%
\$18.50



Aspercreme

Item #: 1924
Packaging: 1.25 oz
Strength:
\$9.00



Cold/Hot Menthol Medicated Patch

Item #: 1944
Packaging: 5 ct
Strength: 5%
\$10.50



Diclofenac Sodium Topical Gel

Item #: 2355
Packaging: 3.5 oz
Strength: 1%
\$15.75



Eagle Brand Medicated Oil

Item #: 1980
Packaging: 36 ml
Strength: 14.5% / 30%
\$12.50



Epsom Salt

Item #: 1845
Packaging: 4 lb
Strength:
\$10.25



Fast Freeze Pain Relief Spray

Item #: 1846
Packaging: 4 oz
Strength:

\$14.75



Heating Pad Digital, 12" x 15"*

Item #: 2024
Packaging: 1 ct
Strength:

\$49.25



Heating Pad for Neck & Shoulder, 15" x 18"*

Item #: 2412
Packaging: 1 ct
Strength:

\$35.00



Heating Pad Wrap For Shoulder, Neck, and Back, 25" x 26"*

Item #: 1943
Packaging: 1 ct
Strength:

\$60.25



Heating Pad, 12" x 15"*

Item #: 1861
Packaging: 1 ct
Strength:

\$28.50



Heating Pad, X-Large, 12" x 24"*

Item #: 1942
Packaging: 1 ct
Strength:

\$38.25



HeatWraps - Back & Hip

Item #: 1859
Packaging: 2 ct
Strength:

\$12.00



HeatWraps - Neck, Shoulder, & Wrist

Item #: 1860
Packaging: 3 ct
Strength:

\$13.25



Ice Bag - 9"

Item #: 1761
Packaging: 1 ct
Strength:

\$11.75



Lidocaine Patch

Item #: 1871
Packaging: 5 ct
Strength: 4%

\$13.00



Menthol Gel

Item #: 1923
Packaging: 8 oz
Strength: 2%

\$11.00



Migraine Relief Cap

Item #: 2509
Packaging: 1 ct
Strength:

\$15.00



Neck & Shoulder Traction Device

Item #: 2512
Packaging: 1 ct
Strength:

\$20.00



Pain Relief Mask

Item #: 1762
Packaging: 1 ct
Strength:

\$10.75



Pain Relieving Muscle Rub

Item #: 1475
Packaging: 2 oz
Strength: 2.5%

\$7.75



Salonpas Lidocaine Gel Patch

Item #: 2386
Packaging: 6 ct
Strength:
\$17.50



Salonpas Pain Relief Patches

Item #: 1739
Packaging: 6 ct
Strength:
\$15.25



Thermacare Lower Back & Hip

Item #: 1912
Packaging: 3 ct
Strength:
\$16.50



Thermacare Menstrual Relief

Item #: 1913
Packaging: 4 ct
Strength:
\$16.50



Tiger Balm

Item #: 2374
Packaging: 1 ct
Strength:
\$9.00



Tiger Balm Ultra Strength Ointment

Item #: 1979
Packaging: 0.63 oz
Strength: 11%
\$11.00



Warm or Cold Water Bottle, Rubber Latex

Item #: 1781
Packaging: 1 ct
Strength:
\$13.25



Pain Relievers & Fever Reducers

Acetaminophen (Children's Pain Relief Chewable)

Item #: 1423
Packaging: 30 ct
Strength: 80 mg
\$7.00



Acetaminophen (Pain Reliever, Extra Strength)

Item #: 1105
Packaging: 50 ct
Strength: 500 mg
\$7.00



Acetaminophen (Pain Reliever, Extra Strength)

Item #: 2002
Packaging: 500 ct
Strength: 500 mg
\$16.50



Acetaminophen (Pain Reliever, Regular Strength)

Item #: 1001
Packaging: 100 ct
Strength: 325 mg
\$7.75



Advil

Item #: 2050
Packaging: 100 ct
Strength: 200 mg
\$16.50



Aleve

Item #: 1104
Packaging: 90 ct
Strength: 220 mg
\$16.50



Arthritis Pain Reliever

Item #: 1311
Packaging: 100 ct
Strength: 650 mg
\$14.00



Aspirin

Item #: 1095
Packaging: 100 ct
Strength: 325 mg
\$6.50



Aspirin, Enteric Coated

Item #: 1096
Packaging: 100 ct
Strength: 325 mg
\$6.50



Aspirin, Enteric Coated, Low Dose

Item #: 1002
Packaging: 120 ct
Strength: 81 mg
\$7.75



Aspirin, Enteric Coated, Low Dose

Item #: 1998
Packaging: 500 ct
Strength: 81 mg
\$13.25



Aspirin, Low Dose, Chewable

Item #: 1802
Packaging: 36 ct
Strength: 81 mg
\$6.50



AZO Urinary Pain Relief

Item #: 2426
Packaging: 24 ct
Strength: 99.5 mg
\$15.00



Bayer Back & Body Pain, Extra Strength

Item #: 1720
Packaging: 24 ct
Strength: 500 mg /
32.5 mg
\$8.25



Capsaicin (Pain Relief Cream)

Item #: 1367
Packaging: 2.1 oz
Strength: 0.025%



\$12.00

Excedrin Migraine

Item #: 2052
Packaging: 100 ct
Strength: 250 mg /
250 mg / 65 mg



\$18.50

Ibuprofen (Pain Reliever / Fever Reducer)

Item #: 1004
Packaging: 100 ct
Strength: 200 mg



\$7.75

Ibuprofen (Pain Reliever / Fever Reducer)

Item #: 2001
Packaging: 500 ct
Strength: 200 mg



\$17.50

Naproxen Sodium (Pain Reliever / Fever Reducer)

Item #: 1041
Packaging: 50 ct
Strength: 220 mg



\$6.00

Naproxen Sodium (Pain Reliever / Fever Reducer)

Item #: 1097
Packaging: 100 ct
Strength: 220 mg



\$11.75

Pain Reliever Plus (Acetaminophen 250mg / Aspirin 250 mg / Caffeine 65 mg)

Item #: 1365
Packaging: 100 ct
Strength: 250 mg /
250 mg / 65 mg



\$9.00

Pain Reliever, PM (Acetaminophen, Extra Strength / Diphenhydramine 25 mg)

Item #: 1332
Packaging: 100 ct
Strength: 500 mg /
25 mg



\$11.75

Tylenol Extra Strength

Item #: 2058
Packaging: 100 ct
Strength: 500 mg



\$16.50

Tylenol Regular Strength

Item #: 2051
Packaging: 100 ct
Strength: 325 mg



\$13.75

Urinary Pain Relief Tablets

Item #: 2036
Packaging: 40 ct
Strength: 162 mg



\$14.50

Pediculicide (Lice Treatment)

Lice Treatment Shampoo

Item #: 1271
Packaging: 4 oz
Strength:
\$11.75



Skin & Sun Care

Acne Gel 10% Benzoyl Peroxide

Item #: 1076
Packaging: 1.5 oz
Strength: 10%
\$9.00



Aloe Vera Cream

Item #: 1070
Packaging: 8 oz
Strength:
\$7.25



Ammonium Lactate Moisturizing Lotion

Item #: 1368
Packaging: 8 oz
Strength: 12%
\$10.50



Antibacterial Soap

Item #: 2436
Packaging: 7.5 oz
Strength:
\$13.00



Aquaphor Healing Ointment

Item #: 2225
Packaging: 2.8 oz
Strength:
\$14.25



Aveeno Daily Moisturizing Body Wash

Item #: 2356
Packaging: 18 oz
Strength:
\$24.25



Calamine Skin Protectant Lotion

Item #: 1821
Packaging: 6 oz
Strength:
\$7.75



Clearasil Ultra Deep Pore Cleansing Pads

Item #: 2513
Packaging: 90 ct
Strength: 2%
\$18.50



Foot Cream

Item #: 2433
Packaging: 8 oz
Strength:
\$9.00



Hand Cream

Item #: 2432
Packaging: 2 oz
Strength:
\$8.00



Hand Sanitizer

Item #: 1065
Packaging: 8 oz
Strength:
\$5.00



Moisturizing Body Lotion with Aloe

Item #: 1893
Packaging: 8 oz
Strength:
\$8.75



Oxy Daily Cleansing Pads Maximum

Item #: 2056
Packaging: 90 ct
Strength:
\$10.00



Scar Gel

Item #: 1852
Packaging: 0.7 oz
Strength:
\$13.00



Stridex Medicated Pads Sensitive

Item #: 2359
Packaging: 90 ct
Strength:
\$7.25



Sunscreen Lotion SPF 30

Item #: 1908
Packaging: 1.5 oz
Strength:
\$5.50



Sunscreen Lotion SPF 30

Item #: 1284
Packaging: 4 oz
Strength:
\$7.75



Sunscreen Lotion SPF 50

Item #: 2434
Packaging: 7 oz
Strength:
\$10.00



Sunscreen Spray SPF 50

Item #: 2435
Packaging: 5.5 oz
Strength:
\$12.00



Sleep Aids

Melatonin Quick Dissolve Tablet

Item #: 2363
Packaging: 90 ct
Strength: 10 mg
\$9.50



MidNite Sleep Aid

Item #: 2224
Packaging: 30 ct
Strength:
\$14.25



Nasal Strips, Medium

Item #: 1724
Packaging: 30 ct
Strength:
\$14.25



Nasal Strips, Large

Item #: 1725
Packaging: 30 ct
Strength:
\$14.25



Natures Bounty Melatonin Capsule

Item #: 2360
Packaging: 60 ct
Strength: 10 mg
\$17.75



Natures Bounty Melatonin Softgel

Item #: 2361
Packaging: 90 ct
Strength: 5 mg
\$12.50



Sleep Aid

Item #: 2362
Packaging: 16 ct
Strength: 25 mg
\$8.50



Sleep Tablets

Item #: 1276
Packaging: 50 ct
Strength: 25 mg
\$7.75



Smoking Cessation

Nicotine Gum ✂

Item #: 1372
 Packaging: 50 ct
 Strength: 4 mg
\$31.25



Nicotine Lozenges ✂

Item #: 1281
 Packaging: 72 ct
 Strength: 4 mg
\$46.00



Nicotine Patch, Step 1 ✂

Item #: 1369
 Packaging: 14 ct
 Strength: 21 mg / 24 hr
\$38.25



Nicotine Patch, Step 2 ✂

Item #: 1370
 Packaging: 14 ct
 Strength: 14 mg / 24 hr
\$38.25



Nicotine Patch, Step 3 ✂

Item #: 1371
 Packaging: 14 ct
 Strength: 7 mg / 24 hr
\$38.25



Supports & Braces

Ankle Support

Item #: 1225
 Packaging: 2 ct
 Strength:
\$10.50



Arm Sling

Item #: 2041
 Packaging: 1 ct
 Strength:
\$15.25



Arthritis Gloves, Small

Item #: 1767
 Packaging: 1 pair
 Strength:
\$29.50



Arthritis Gloves, Medium

Item #: 1766
 Packaging: 1 pair
 Strength:
\$29.50



Arthritis Gloves, Large

Item #: 1765
 Packaging: 1 pair
 Strength:
\$29.50



Arthritis Knee Sleeve, Small

Item #: 2011
Packaging: 1 ct
Strength:
\$27.50



Arthritis Knee Sleeve, Medium

Item #: 2012
Packaging: 1 ct
Strength:
\$27.50



Arthritis Knee Sleeve, Large

Item #: 2013
Packaging: 1 ct
Strength:
\$27.50



Arthritis Knee Sleeve, X-Large

Item #: 2014
Packaging: 1 ct
Strength:
\$27.50



Back Support Elastic - 24" to 46"

Item #: 1487
Packaging: 1 ct
Strength:
\$25.25



Back Support Elastic with Lumbar

Item #: 1488
Packaging: 1 ct
Strength:
\$29.50



Calf Compression Sleeves, Small

Item #: 2420
Packaging: 1 pair
Strength:
\$15.00



Calf Compression Sleeves, Medium

Item #: 2421
Packaging: 1 pair
Strength:
\$15.00



Calf Compression Sleeves, Large

Item #: 2422
Packaging: 1 pair
Strength:
\$15.00



Calf Compression Sleeves, X-Large

Item #: 2423
Packaging: 1 pair
Strength:
\$15.00



Carpal Tunnel Brace, Small

Item #: 1770
Packaging: 1 ct
Strength:
\$30.25



Carpal Tunnel Brace, Medium

Item #: 1769
Packaging: 1 ct
Strength:
\$30.25



Carpal Tunnel Brace, Large

Item #: 1768
Packaging: 1 ct
Strength:
\$30.25



Cervical Collar

Item #: 1241
Packaging: 1 ct
Strength:
\$7.50



Compression Knee High Socks, Men's Black, Medium (Shoe Size 8 - 10) ‡

Item #: 1398
Packaging: 1 pair
Strength: 15 - 20 mmHg
\$19.75



**Compression Knee High Socks,
Men's Black, Large (Shoe Size
10.5 - 12) ‡**

Item #: 1399
Packaging: 1 pair
Strength: 15 - 20
mmHg

\$19.75



**Compression Knee High Socks,
Men's White, Medium (Shoe Size
8 - 10) ‡**

Item #: 1400
Packaging: 1 pair
Strength: 15 - 20
mmHg

\$19.75



**Compression Knee High Socks,
Men's White, Large (Shoe Size
10.5 - 12) ‡**

Item #: 1401
Packaging: 1 pair
Strength: 15 - 20
mmHg

\$19.75



**Compression Knee High Socks,
Women's Beige, Small (Shoe Size
4 - 5)**

Item #: 1406
Packaging: 1 pair
Strength: 8 - 15
mmHg

\$19.50



**Compression Knee High Socks,
Women's Beige, Medium (Shoe
Size 5.5 - 7.5)**

Item #: 1407
Packaging: 1 pair
Strength: 8 - 15
mmHg

\$19.50



**Compression Knee High Socks,
Women's Beige, Large (Shoe Size
8 - 10.5)**

Item #: 1408
Packaging: 1 pair
Strength: 8 - 15
mmHg

\$19.50



**Compression Knee High Socks,
Women's Black, Small (Shoe Size
4 - 5)**

Item #: 1409
Packaging: 1 pair
Strength: 8 - 15
mmHg

\$19.50



**Compression Knee High Socks,
Women's Black, Medium (Shoe
Size 5.5 - 7.5)**

Item #: 1410
Packaging: 1 pair
Strength: 8 - 15
mmHg

\$19.50



**Compression Knee High Socks,
Women's Black, Large (Shoe Size
8 - 10.5)**

Item #: 1411
Packaging: 1 pair
Strength: 8 - 15
mmHg

\$19.50



**Deluxe Criss Cross Back Support,
Small - 28" to 32"**

Item #: 1760
Packaging: 1 ct
Strength:

\$27.50



**Deluxe Criss Cross Back Support,
Medium - 33" to 37"**

Item #: 1759
Packaging: 1 ct
Strength:

\$27.50



**Deluxe Criss Cross Back Support,
Large - 38" to 42"**

Item #: 1758
Packaging: 1 ct
Strength:

\$27.50



Elbow Support

Item #: 1224
Packaging: 1 ct
Strength:

\$17.25



Heel & Elbow Protector, Small

Item #: 1774
Packaging: 1 ct
Strength:

\$13.25



Heel & Elbow Protector, Medium

Item #: 1773
Packaging: 1 ct
Strength:

\$13.25



Heel & Elbow Protector, Large

Item #: 1772
Packaging: 1 ct
Strength:
\$13.25



Heel & Elbow Protector, X-Large

Item #: 1775
Packaging: 1 ct
Strength:
\$13.25



Hip Protector, Small

Item #: 1862
Packaging: 1 ct
Strength:
\$43.25



Hip Protector, Medium

Item #: 1863
Packaging: 1 ct
Strength:
\$43.25



Hip Protector, Large

Item #: 1864
Packaging: 1 ct
Strength:
\$43.25



Hip Protector, X-Large

Item #: 1865
Packaging: 1 ct
Strength:
\$43.25



Knee Stabilizer

Item #: 1465
Packaging: 1 ct
Strength:
\$25.25



Knee Support, Elastic, Small

Item #: 1481
Packaging: 1 ct
Strength:
\$11.75



Knee Support, Elastic, Small with Stays

Item #: 1484
Packaging: 1 ct
Strength:
\$20.75



Knee Support, Elastic, Medium

Item #: 1482
Packaging: 1 ct
Strength:
\$11.75



Knee Support, Elastic, Medium with Stays

Item #: 1485
Packaging: 1 ct
Strength:
\$20.75



Knee Support, Elastic, Large

Item #: 1483
Packaging: 1 ct
Strength:
\$11.75



Knee Support, Elastic, Large with Stays

Item #: 1486
Packaging: 1 ct
Strength:
\$20.75



Night Wrist Support

Item #: 1463
Packaging: 1 ct
Strength:
\$32.75



Protective Arm Sleeve, Small

Item #: 1897
Packaging: 1 pair
Strength:
\$23.00



Protective Arm Sleeve, Large

Item #: 1898
Packaging: 1 pair
Strength:

\$27.75



Protective Arm Sleeve, X-Large

Item #: 1899
Packaging: 1 pair
Strength:

\$31.25



Rib Belt, Female, One Size Fits Most

Item #: 1457
Packaging: 1 ct
Strength:

\$20.75



Rib Belt, Male, One Size Fits Most

Item #: 1456
Packaging: 1 ct
Strength:

\$20.75



Tennis Elbow Support

Item #: 2040
Packaging: 1 ct
Strength:

\$14.25



Thumb Brace

Item #: 1778
Packaging: 1 ct
Strength:

\$19.75



Wrist Compression, Small

Item #: 1918
Packaging: 1 ct
Strength:

\$16.00



Wrist Compression, Medium

Item #: 1919
Packaging: 1 ct
Strength:

\$16.00



Wrist Compression, Large

Item #: 1920
Packaging: 1 ct
Strength:

\$16.00



Wrist Compression, X-Large

Item #: 1921
Packaging: 1 ct
Strength:

\$16.00



Wrist Splint

Item #: 1230
Packaging: 1 ct
Strength:

\$23.00



Wrist Support

Item #: 1227
Packaging: 1 ct
Strength:

\$13.25



Vitamins & Minerals

Airborne Immune Support Chewable †

Item #: 1805
Packaging: 32 ct
Strength:
\$17.50



Beet Root and Cherry Extract Gummy †

Item #: 2233
Packaging: 60 ct
Strength:
\$10.25



Beta Carotene †

Item #: 2035
Packaging: 100 ct
Strength: 25,000 IU
\$11.00



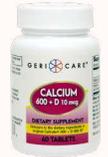
Biotin Gummy †

Item #: 1820
Packaging: 60 ct
Strength: 2,500 mcg
\$15.50



Calcium + Vitamin D3 †

Item #: 1373
Packaging: 60 ct
Strength: 600 mg / 400 IU
\$9.00



Calcium + Vitamin D3 Gummy †

Item #: 1823
Packaging: 60 ct
Strength: 250 mg / 500 IU
\$14.25



Calcium †

Item #: 1291
Packaging: 60 ct
Strength: 600 mg
\$6.50



Calcium Chew, Chocolate †

Item #: 1945
Packaging: 60 ct
Strength: 500 mg / 1,000 IU
\$13.25



Centrum Chewable Adult 50+ †

Item #: 1420
Packaging: 60 ct
Strength:
\$19.75



Chromium Picolinate †

Item #: 1825
Packaging: 100 ct
Strength: 200 mcg
\$14.25



Cod Liver Oil †

Item #: 1827
Packaging: 110 ct
Strength:
\$10.00



Coenzyme Q-10 †

Item #: 1828
Packaging: 30 ct
Strength: 100 mg
\$17.50



Daily Multivitamin †

Item #: 1393
Packaging: 100 ct
Strength:
\$10.50



Daily Multivitamin Gummy †

Item #: 1972
Packaging: 120 ct
Strength:
\$14.25



Daily Multivitamin with Minerals ❖

Item #: 1385
Packaging: 100 ct
Strength:
\$9.00



Ferrous Gluconate (Iron Supplement) ❖

Item #: 1417
Packaging: 110 ct
Strength: 27 mg
\$7.75



Ferrous Sulfate (Iron Supplement) ❖

Item #: 1376
Packaging: 100 ct
Strength: 325 mg
\$6.50



Fish Oil, Soft Gels ❖

Item #: 1741
Packaging: 60 ct
Strength: 1,000 mg
\$8.75



Flaxseed ❖

Item #: 1849
Packaging: 100 ct
Strength: 1,000 mg
\$12.00



Folic Acid ❖

Item #: 1850
Packaging: 100 ct
Strength: 800 mcg
\$7.25



Glucosamine (Joint Health Support) ❖

Item #: 1114
Packaging: 60 ct
Strength: 500 mg
\$12.00



Glucosamine / Chondroitin (Joint Health Support) ❖

Item #: 1003
Packaging: 60 ct
Strength: 250 mg / 200 mg
\$14.50



Healthy Eyes with Lutein ❖

Item #: 1975
Packaging: 36 ct
Strength:
\$11.00



Immune Support Chewable ❖

Item #: 1866
Packaging: 50 ct
Strength:
\$13.25



Iron with Vitamin C Gummy ❖

Item #: 2236
Packaging: 60 ct
Strength:
\$13.25



Leg Cramps Pain Relief Caplets ❖

Item #: 1869
Packaging: 50 ct
Strength:
\$16.00



Leg Cramps Pain Relief Caplets ❖

Item #: 1870
Packaging: 100 ct
Strength:
\$18.50



Magnesium ❖

Item #: 1418
Packaging: 110 ct
Strength: 250 mg
\$7.75



Magnesium Citrate Gummy ❖

Item #: 2232
Packaging: 90 ct
Strength:
\$10.25



Melatonin ❖

Item #: 1879
Packaging: 100 ct
Strength: 5 mg

\$13.25



Melatonin Gummy ❖

Item #: 1971
Packaging: 120 ct
Strength: 2.5 mg

\$16.50



Neuriva Brain Performance Supplement ❖

Item #: 2505
Packaging: 30 ct
Strength:

\$45.00



Niacin ❖

Item #: 1394
Packaging: 100 ct
Strength: 500 mg

\$13.00



Niacin, No Flush ❖

Item #: 1930
Packaging: 60 ct
Strength: 500 mg

\$14.50



One Daily Men's Multivitamin ❖

Item #: 1886
Packaging: 100 ct
Strength:

\$11.00



One Daily Women's Multivitamin ❖

Item #: 1887
Packaging: 100 ct
Strength:

\$11.00



Osteo Bi Flex Triple Strength ❖

Item #: 2162
Packaging: 80 ct
Strength:

\$38.25



Potassium Gluconate ❖

Item #: 1977
Packaging: 100 ct
Strength: 595 mg

\$7.75



Senior Multivitamin ❖

Item #: 1392
Packaging: 90 ct
Strength:

\$12.00



Stress Formula Tablets with Zinc ❖

Item #: 1734
Packaging: 60 ct
Strength:

\$11.50



Turmeric with Ginger and Black Pepper Gummy ❖

Item #: 2234
Packaging: 60 ct
Strength:

\$14.50



Vitafusion Fiber Weight Management ❖

Item #: 1735
Packaging: 90 ct
Strength:

\$22.75



Vitamin A ❖

Item #: 1379
Packaging: 100 ct
Strength: 10,000 IU

\$7.75



Vitamin B-1 ❖

Item #: 1016
Packaging: 100 ct
Strength: 100 mg

\$7.75



Vitamin B-12 ❖

Item #: 1389
Packaging: 100 ct
Strength: 500 mcg
\$7.50



Vitamin B-12 ❖

Item #: 1381
Packaging: 100 ct
Strength: 1,000 mcg
\$10.50



Vitamin B-12, Sublingual ❖

Item #: 1974
Packaging: 30 ct
Strength: 5,000 mcg
\$12.75



Vitamin B-6 ❖

Item #: 1388
Packaging: 100 ct
Strength: 100 mg
\$10.00



Vitamin B-Complex ❖

Item #: 1382
Packaging: 100 ct
Strength:
\$7.75



Vitamin B-Complex Gummy ❖

Item #: 1915
Packaging: 70 ct
Strength:
\$14.25



Vitamin C ❖

Item #: 1017
Packaging: 100 ct
Strength: 500 mg
\$7.75



Vitamin C ❖

Item #: 1706
Packaging: 110 ct
Strength: 1,000 mg
\$12.00



Vitamin C Gummy ❖

Item #: 1916
Packaging: 60 ct
Strength: 125 mg
\$13.25



Vitamin D3 ❖

Item #: 1390
Packaging: 100 ct
Strength: 1,000 IU
\$9.75



Vitamin D3 ❖

Item #: 1973
Packaging: 100 ct
Strength: 5,000 IU
\$12.75



Vitamin D3 Gummy ❖

Item #: 1978
Packaging: 120 ct
Strength: 1,000 IU
\$16.50



Vitamin E, Soft Gels ❖

Item #: 1384
Packaging: 110 ct
Strength: 400 IU
\$11.00



Zinc Chelated ❖

Item #: 1419
Packaging: 110 ct
Strength: 50 mg
\$7.75



Wart Remover

Dr. Scholl's Wart Removal System

Item #: 1288
Packaging: 24 ct
Strength: 40%
\$16.50



Wart Remover, Liquid

Item #: 1075
Packaging: 9 ml
Strength: 17%
\$9.25



Home safety products

The following is a list of covered home safety products that you can buy through mail order with your Flex Spend Card. You can order products online, by mail, or by phone. Certain products may not be available at the time of your order. Products may be replaced with a comparable product without notice and may look different from the product images in this list. Product prices may be subject to change.

Adjustable Transfer Bench

Item #: 1764
Packaging: 1 ct
Strength:
\$85.25



Aluminum Reacher with Magnetic Tip Non-Folding 32"

Item #: 2336
Packaging: 1 ct
Strength:
\$10.50



Antimicrobial Suction Cup Grab Bar, Chrome, 12"

Item #: 2306
Packaging: 1 ct
Strength:
\$20.75



Antimicrobial Suction Cup Grab Bar, Chrome, 16"

Item #: 2307
Packaging: 1 ct
Strength:
\$23.75



Bath Bench with Back

Item #: 1728
Packaging: 1 ct
Strength:
\$66.50



Bath Bench without Back

Item #: 1727
Packaging: 1 ct
Strength:
\$54.25



Bath Mat, Non-Skid

Item #: 1459
Packaging: 1 ct
Strength:
\$18.50



Bathtub Safety Rail, Clamp On

Item #: 2520
Packaging: 1 ct
Strength:
\$37.47



Bed Assist Bar

Item #: 2009
Packaging: 1 ct
Strength:
\$60.25



Bed Rails

Item #: 1464
Packaging: 1 ct
Strength:
\$51.00



Button and Zipper Pull Aid

Item #: 2046
Packaging: 1 ct
Strength:
\$18.25



Carbon Monoxide Detector

Item #: 2518
Packaging: 1 ct
Strength:
\$95.00



Chair Shower Transport

Item #: 2309
Packaging: 1 ct
Strength:

\$125.25



Couch Cane

Item #: 2523
Packaging: 1 ct
Strength:

\$227.34



Handheld Shower Head

Item #: 2007
Packaging: 1 ct
Strength:

\$27.50



Knurled Chrome Grab Bar - 12"

Item #: 1798
Packaging: 1 ct
Strength:

\$23.50



Knurled Chrome Grab Bar - 24"

Item #: 1797
Packaging: 1 ct
Strength:

\$24.75



Knurled Chrome Grab Bar - 32"

Item #: 2005
Packaging: 1 ct
Strength:

\$39.50



Motion Sensor Toilet Nightlight

Item #: 2526
Packaging: 1 ct
Strength:

\$17.09



Nightlight

Item #: 1983
Packaging: 2 ct
Strength:

\$16.50



Nightlight, White LED

Item #: 2527
Packaging: 2 ct
Strength:

\$14.13



Raised Toilet Seat

Item #: 1729
Packaging: 1 ct
Strength:

\$38.25



Raised Toilet Seat with Arms

Item #: 1950
Packaging: 1 ct
Strength:

\$71.25



Reacher Suction Cup 22"

Item #: 2337
Packaging: 1 ct
Strength:

\$15.00



Reacher Suction Cup 33"

Item #: 2338
Packaging: 1 ct
Strength:

\$15.25



Shoe Horn No Bend 24"

Item #: 2339
Packaging: 1 ct
Strength:

\$12.00



Shower Chair With Back, Bariatric

Item #: 2522
Packaging: 1 ct
Strength:

\$57.38



Shower Mat, Non-Skid

Item #: 1460
Packaging: 1 ct
Strength:

\$11.50

**Sock Aid**

Item #: 2525
Packaging: 1 ct
Strength:

\$12.21

**Toilet Aid**

Item #: 2519
Packaging: 1 ct
Strength:

\$48.81



Transfer Bench, Bariatric

Item #: 2521
Packaging: 1 ct
Strength:

\$127.79

**Treaded Slipper Socks, One Size Fits Most**

Item #: 2008
Packaging: 1 pair
Strength:

\$9.00

**Walker Bag**

Item #: 2517
Packaging: 1 ct
Strength:

\$19.81



Wheelchair Ramp

Item #: 2524
Packaging: 1 ct
Strength:

\$167.27



Ordering a fitness kit

You can use your Flex Spend Card to order one fitness kit per year. Each fitness kit costs \$60 (shipping included). Certain items may not be available at the time of your order. Items may be added or removed at any time without notice and may look different from the images below.

You can choose from any of these kits:

Light Fitness Kit (99995)



Kit includes an exercise resistance band (medium), exercise resistance band (light), exercise resistance band (extra light), gel hand exerciser ball (extra soft), hand weight (1 lb.), and exercise poster.

Light Fitness Kit #2 (99991)



Kit includes an exercise resistance band (light), gel hand exerciser ball (soft), hand weight (2 lbs.), and exercise poster.

Medium Fitness Kit (99996)



Kit includes an exercise resistance band (medium), gel hand exerciser ball (medium), wrist and ankle cuff weight (1 lb.), exercise poster, exercise resistance band (heavy), and exercise resistance band (extra heavy).

Heavy Fitness Kit (99993)



Kit includes an exercise resistance band (heavy), exercise resistance band (extra heavy), gel hand exerciser ball (firm), exercise poster, and yoga stability ball.

Heavy Fitness Kit #2 (99997)



Kit includes an exercise resistance band (heavy), exercise resistance band (extra heavy), gel hand exerciser ball (firm), exercise poster, yoga mat, exercise resistance band (2X-heavy), and gel hand exerciser ball (extra firm).

Yoga Kit (99999)



Kit includes a yoga mat, stability ball, and stretch strap.

Here's how to order your kit:

You have three easy ways to order your kit:

1. By phone: You can call **1-888-356-5009 (TTY: 711)** seven days a week from 8 a.m. to 8 p.m. Please have your UPMC *for Life* member ID card and date of birth ready.

2. UPMC Health Plan member site:

- a. Go to upmchealthplan.com/members or scan the code:
- b. On the **Spending Accounts card** on the homepage, click **View Account Summary**.
- c. Click **Flex Spend Card Resources** from quick links, then click **Fitness Kits**. Once on the fitness kit website, you can look at all the available kits, including kit details and images.
- d. When you're ready to order, add the kit you want to your cart and check out using your Flex Spend Card. You can also use the website to track your order.



3. UPMC Health Plan app:

- a. Scan the code to download or open the app, then log in.
- b. Once in the app, tap **View Account Details** under **UPMC for Life Flex Spend Card** on the insurance tab, then tap **Fitness Kits**.
- c. Once on the fitness kit website, you can look at all the available kits, including kit details and images.
- d. When you're ready to order, add the kit you want to your cart and check out using your Flex Spend Card. You can also use the website to track your order.



Important note about ordering your fitness kit: To order your kit, you must use one of the ordering methods above. Do not use the order form included with this catalog to order a kit.



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Fitness Kits

NationsBenefits LLC is the supplier of all the fitness kit products, product information, and product prices in this catalog. This product list is subject to change. Items, quantities, sizes, and values may change depending on availability. Items may vary based on the manufacturer and availability. Items may be added or removed at any time without notice. UPMC *for Life* does not recommend or endorse the products that are referenced in this catalog.

Home Safety Products

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