The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-855-489-3494 or visit us at www.upmchealthplan.com. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.cciio.cms.gov or call 1-855-489-3494 to request a copy.

Important Questions	Answers	Why This Matters:		
What is the overall <u>deductible</u> ?	Calendar year <u>deductible</u> UPMC Advantage Benefit Level 1 and Other Participating <u>Providers</u> Benefit Level 2 Combined: <b>\$6,950</b> <b>Person/ \$13,900 Family</b> Non-Participating <u>Provider</u> : <b>\$10,000 Person/ \$20,000 Family</b>	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .		
Are there services covered before you meet your <u>deductible?</u>	Yes. <u>Deductible</u> does not apply to <u>Preventive Care</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> (copay) or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>healthcare.gov/coverage/preventive-care-benefits/</u> .		
Are there other <u>deductibles</u> for specific services?	Yes. Pediatric Dental: <b>\$50 Person/</b> <b>\$150 Family</b> Orthodontic care is subject to Medical <u>Deductible</u> . There are no other specific <u>deductibles</u> .	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.		
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	UPMC Advantage Benefit Level 1 and Other Participating <u>Providers</u> Benefit Level 2 Combined: <b>\$7,350</b> <b>Person/ \$14,700 Family</b> <u>Non-Participating Provider</u> : <b>\$10,000 Person/ \$20,000 Family</b>	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.		

Important Questions	Answers	Why This Matters:
What is not included in the <u>out-of-pocket limit</u> ?	<u>Premium</u> , balance-billed charges (unless <u>balanced billing</u> is prohibited), and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.upmchealthplan.com or call 1-855-489-3494 for a list of <u>in-</u> <u>network providers</u> .	This <u>plan</u> uses a <u>provider</u> <u>network</u> . You pay the least if you use a <u>provider</u> in the UPMC Advantage Benefit Level 1 network. You pay more if you use a <u>provider</u> in the Other Participating <u>Providers</u> Benefit Level 2 network. You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>network provider</u> might use an <u>out-of- network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common	Services You	What You Will Pay		Limitations, Exceptions, & Other	
Medical Event	May Need	<u>Participating Provider</u> (You will pay the least)	<u>Non-Participating Provider</u> (You will pay the most)	Important Information	
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	UPMC Advantage Benefit Level 1: \$35 <u>copayment</u> per visit Other Participating <u>Providers</u> Benefit Level 2: \$70 <u>copayment</u> per visit	50% coinsurance	None	
	Specialist visit	UPMC Advantage Benefit Level 1: No cost Other Participating <u>Providers</u> Benefit Level 2: 30% <u>coinsurance</u>	50% coinsurance	None	
	Preventive care/screening/ immunization	No cost	50% <u>coinsurance</u>	Please see your Schedule of Benefits for details. You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services you need are preventive. Then check what your <u>plan</u> will pay for.	
If you have a test	<u>Diagnostic test</u> (x- ray, blood work)	UPMC Advantage Benefit Level 1: No cost Other Participating <u>Providers</u> Benefit Level 2: 30% <u>coinsurance</u>	50% coinsurance	None	
	Imaging (CT/PET	UPMC Advantage Benefit Level 1: No	50% coinsurance	None	

Common Medical Event	Services You May Need	What You Wil <u>Participating Provider</u> (You will pay the least)	ll Pay <u>Non-Participating Provider</u> (You will pay the most)	Limitations, Exceptions, & Other Important Information
	scans, MRIs)	cost Other Participating <u>Providers</u> Benefit Level 2: 30% <u>coinsurance</u>		
If you need drugs to	Generic drugs	\$30 <u>copayment</u> per prescription (Retail), \$60 <u>copayment</u> per prescription (Mail order)	Not covered	None
If you need drugs to treat your illness or condition	Preferred brand drugs	30% <u>coinsurance</u> (Retail), 30% <u>coinsurance</u> (Mail order)	Not covered	None
More information about prescription drug	Non-preferred brand drugs	50% <u>coinsurance</u> (Retail), 50% <u>coinsurance</u> (Mail order)	Not covered	None
<u>coverage</u> is available at <u>www.upmchealthplan.com</u>	Specialty drugs	50% coinsurance	Not covered	Limit: for specialty medications with a maximum of \$500 per prescription Please see your Prescription Medication Schedule of Benefits for details.
lf you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	UPMC Advantage Benefit Level 1: No cost Other Participating <u>Providers</u> Benefit Level 2: 30% coinsurance	50% coinsurance	None
	Physician/ surgeon fees	UPMC Advantage Benefit Level 1: No cost Other Participating <u>Providers</u> Benefit Level 2: 30% <u>coinsurance</u>	50% coinsurance	None
If you need immediate medical attention	Emergency room care	No cost	No cost	None
	Emergency medical transportation	No cost No cost		None
	Urgent care	UPMC Advantage Benefit Level 1: No cost Other Participating <u>Providers</u> Benefit Level 2: 30% <u>coinsurance</u>	50% coinsurance	None
lf you have a hospital stay	Facility fee (e.g., hospital room)	UPMC Advantage Benefit Level 1: No cost Other Participating <u>Providers</u> Benefit Level 2: 30% <u>coinsurance</u>	50% coinsurance	<u>Preauthorization</u> may be required. If <u>preauthorization</u> is not obtained, benefits could be denied.
	Physician/	UPMC Advantage Benefit Level 1: No	50% coinsurance	None

Common Medical Event	Services You May Need	What You Will PayParticipating ProviderNon-Participating Provider(You will pay the least)(You will pay the most)		<ul> <li>Limitations, Exceptions, &amp; Other</li> <li>Important Information</li> </ul>	
	surgeon fees	cost Other Participating <u>Providers</u> Benefit Level 2: 30% <u>coinsurance</u>			
If you need mental	Outpatient services	No cost	50% coinsurance	None	
health, behavioral health, or substance abuse services	Inpatient services	No cost	50% coinsurance	Preauthorization may be required. If preauthorization is not obtained, benefits could be denied.	
	Office visits	UPMC Advantage Benefit Level 1: \$35 <u>copayment</u> per visit Other Participating <u>Providers</u> Benefit Level 2: \$70 <u>copayment</u> per visit	50% coinsurance	Depending on the type of services,	
If you are pregnant	Childbirth/delivery professional services	UPMC Advantage Benefit Level 1: No cost Other Participating <u>Providers</u> Benefit Level 2: 30% <u>coinsurance</u>	50% coinsurance	other <u>cost shares</u> may apply. Maternity care may include tests and services described elsewhere in the SBC ( <i>i.e.</i> , ultrasound). Office visit <u>cost share</u> applies to first visit only.	
	Childbirth/delivery facility services	UPMC Advantage Benefit Level 1: No cost Other Participating <u>Providers</u> Benefit Level 2: 30% coinsurance	50% coinsurance		
If you need help recovering or have other special health needs	Home health care	UPMC Advantage Benefit Level 1: No cost Other Participating <u>Providers</u> Benefit Level 2: 30% <u>coinsurance</u>	50% coinsurance	Covered up to 60 days per Benefit Period.	
	<u>Rehabilitation</u> services	UPMC Advantage Benefit Level 1: No cost Other Participating <u>Providers</u> Benefit Level 2: 30% <u>coinsurance</u>	50% coinsurance	Physical and Occupational Therapies: Covered up to 30 visits per Benefit Period for both therapies combined. Speech Therapy: Covered up to 30 visits per Benefit Period.	
	Habilitation services	UPMC Advantage Benefit Level 1: No cost Other Participating <u>Providers</u> Benefit Level 2: 30% <u>coinsurance</u>	50% <u>coinsurance</u>	Physical and Occupational Therapies: Covered up to 30 visits per Benefit Period for both therapies combined. Speech Therapy: Covered up to 30 visits per Benefit Period.	
	<u>Skilled nursing</u> <u>care</u>	UPMC Advantage Benefit Level 1: No cost Other Participating <u>Providers</u> Benefit	50% coinsurance	Covered up to 120 days per Benefit Period. <u>Preauthorization</u> may be required. If <u>preauthorization</u> is not	

Common	Services You	What You Will Pay		Limitations, Exceptions, & Other	
Medical Event	May Need	<u>Participating Provider</u> (You will pay the least)	<u>Non-Participating Provider</u> (You will pay the most)	Important Information	
		Level 2: 30% coinsurance		obtained, benefits could be denied.	
	<u>Durable medical</u> equipment	UPMC Advantage Benefit Level 1: 50% <u>coinsurance</u> Other Participating <u>Providers</u> Benefit Level 2: 50% <u>coinsurance</u> (Other Participating <u>Providers</u> Benefit Level 2 <u>Deductible</u> )	50% <u>coinsurance</u> (Non- Participating <u>Provider</u> <u>Deductible</u> )	None	
	Hospice services	UPMC Advantage Benefit Level 1: No cost Other Participating <u>Providers</u> Benefit Level 2: 30% <u>coinsurance</u>	50% <u>coinsurance</u>	None	
If your child needs dental or eye care	Children's eye exam	No cost	Full Cost. \$30 Member Reimbursement	Limited to one exam per year.	
	Children's glasses	No cost	Full Cost. \$55-\$75 Member Reimbursement	Limit of one pair of glasses per year.	
	Children's dental check-up	No cost	20% coinsurance	Limit of two exams per year.	

## Excluded Services & Other Covered Services:

Services Your <u>Plan</u> Generally Does NOT Cover (Check your policy or <u>plan</u> document for more information and a list of any other <u>excluded</u> services.)

- Abortion (except in cases of rape, incest, or when the life of the mother is endangered)
- Bariatric Surgery
- Cosmetic surgery
- Dental care (Adult)

- Hearing aids
  - Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Routine eye care (Adult)
- Weight loss programs
- Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)
  - Acupuncture only covered for specific diagnosis
- Infertility treatment (Limited to Artificial Insemination)
- Routine foot care only covered for specific diagnosis

• Chiropractic care covered with limitations

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: 1-877-881-6388 for the state insurance department, Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="http://www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a> or the insurer at 1-855-489-3494. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit <a href="http://www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your <u>Grievance</u> and <u>Appeals</u> Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: your plan at 1-855-489-3494 or Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>www.dol.gov/ebsa/healthreform</u>. Additionally, a consumer assistance program can help you file your <u>appeal</u>. Contact 1-877-881-6388.

Does this plan provide Minimum Essential Coverage? Yes.

If you don't have <u>Minimum Essential Coverage</u> for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-855-489-3494.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-855-489-3494.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码1-855-489-3494.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-855-489-3494.

—To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.—



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

<b>Peg is Having a Baby</b> (9 months of in-network pre-natal ca hospital delivery)		Managing Joe's type 2 Dia (a year of routine in-network care of controlled condition)		<b>Mia's Simple Fract</b> (in-network emergency room visit care)	
<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist</u></li> <li>Hospital (facility)</li> <li>Other <u>coinsurance</u></li> </ul>	\$6,950 \$0 \$0 0%	<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist</u></li> <li>Hospital (facility)</li> <li>Other <u>coinsurance</u></li> </ul>	\$6,950 \$0 \$0 0%	<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist</u></li> <li>Hospital (facility)</li> <li>Other <u>coinsurance</u></li> </ul>	\$6,950 \$0 \$0 0%
This EXAMPLE event includes services like:Specialistoffice visits (prenatal care)Childbirth/Delivery Professional ServicesChildbirth/Delivery Facility ServicesDiagnostic tests (ultrasounds and blood work)Specialistvisit (anesthesia)		This EXAMPLE event includes services like:Primary care physicianoffice visits (includingdisease education)Diagnostic tests (blood work)Prescription drugsDurable medical equipment (glucose meter)		This EXAMPLE event includes services like:Emergency room care (including medical supplies)Diagnostic test (x-ray)Durable medical equipment (crutches)Rehabilitation services (physical therapy)	
Total Example Cost	\$12,840	Total Example Cost	\$7,460	Total Example Cost	\$2,010
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$6,950	Deductibles	\$4,120	Deductibles	\$1,910
<u>Copayments</u>	\$190	Copayments	\$1,210	<u>Copayments</u>	\$0
Coinsurance	\$0	Coinsurance	\$1,590	Coinsurance \$20	
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions	\$60	Limits or exclusions	\$0
The total Peg would pay is	\$7,200	The total Joe would pay is	\$6,980	The total Mia would pay is	\$1,930

## **Nondiscrimination Notice**

UPMC Health Plan<sup>1</sup> complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. UPMC Health Plan does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

## UPMC Health Plan:

• Provides free aids and services to people with disabilities so that they can communicate effectively with us, such as:

- Qualified sign language interpreters.
- Written information in other formats (large print, audio, accessible electronic formats, other formats).

• Provides free language services to people whose primary language is not English, such as:

- Qualified interpreters.
- Information written in other languages.

If you need these services, contact the Member Services phone number listed on the back of your member ID card.

If you believe that UPMC Health Plan has failed to provide these services or has discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a complaint with:

Complaints and Grievances PO Box 2939 Pittsburgh, PA 15230-2939

Phone: 1-844-755-5611 (TTY: 1-800-361-2629) Fax: 1-412-454-5964 Email: HealthPlanCompliance@upmc.edu

You can file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019. TTY/TDD users should call 1-800-537-7697.

Complaint forms are available at www.hhs.gov/ocr/office/file/index.html.

<sup>1</sup>UPMC Health Plan is the marketing name used to refer to the following companies, which are licensed to issue individual and group health insurance products or which provide third party administration services for group health plans: UPMC Health Network Inc., UPMC Health Options Inc., UPMC Health Coverage Inc., UPMC Health Plan Inc., UPMC Health Benefits Inc., UPMC *for You* Inc., and/or UPMC Benefit Management Services Inc.

## **Translation Services**

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-866-420-9589 (TTY: 1-800-361-2629).

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-866-420-9589 (TTY:1-800-361-2629)。

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-866-420-9589 (TTY: 1-800-361-2629).

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-866-420-9589 (телетайп: 1-800-361-2629).

Wann du [Deitsch (Pennsylvania German / Dutch)] schwetzscht, kannscht du mitaus Koschte ebber gricke, ass dihr helft mit die englisch Schprooch. Ruf selli Nummer uff: Call 1-866-420-9589 (TTY: 1-800-361-2629).

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-866-420-9589 (TTY: 1-800-361-2629)번으로 전화해 주십시오.

ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-866-420-9589 (TTY: 1-800-361-2629).

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-866-420-9589 (رقم هاتف الصم والبكم: 1-800-661-262).

ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-866-420-9589 (ATS : 1-800-361-2629).

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-866-420-9589 (TTY: 1-800-361-2629).

સુચના: જો તમે ગુજરાતી બોલતા હો, તો નિ:શુલ્ક ભાષા સહાય સેવાઓ તમારા માટે ઉપલબ્ધ છે. ફોન કરો 1-866-420-9589 (TTY: 1-800-361-2629).

UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-866-420-9589 (TTY: 1-800-361-2629).

ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-866-420-9589 (TTY: 1-800-361-2629).

បុរយ័តុន៖ បរើសិនជាអ៊ុនកនិយាយ ភាសាខុមរែ, សវោជំនួយផុនកែភាសា ដហេយមិនគិតឈុនួល គឺអាចមានសំរាប់បំររើអ៊ុនក។ ចូរ ទូរស័ពុទ 1-866-420-9589 (TTY: 1-800-361-2629)។

ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 1-866-420-9589 (TTY: 1-800-361-2629).